



# ARIZONA STATE TRACK & FIELD

Women's 2007 & 2008 NCAA Indoor & 2007 Outdoor Champs  
Men's 2008 NCAA Indoor Champions

## OUTDOOR SEASON - WEEK 15

### 2009 SUN DEVIL SCHEDULE

#### INDOOR SEASON

Date	Meet	Location
J 23	Friday Night Challenge	Flagstaff
30-31	Mt. 'T' Multis & Invite	Flagstaff
F 7	NAU Team Challenge	Flagstaff
7	New Mexico Classic	Albuquerque
13-14	Texas A&M Invite	College Station
14	Husky Classic	Seattle
21	NAU Tune-Up	Flagstaff
27-28	MPSF Championships	Seattle
M 7	Iowa State Last Chance	Ames
7	Washington Last Chance	Seattle
13-14	NCAA Championships	College Station

#### OUTDOOR SEASON

20-21	Baldy Castillo Invitational	Tempe
25-26	Big Green Desert Multis	Scottsdale
27-28	ASU Invitational	Tempe
27-28	Stanford Invitational	Palo Alto
A 10-11	30th Sun Angel Classic	Tempe
16-18	Mt. SAC Relays	Walnut
24-25	Sun Devil Invitational	Tempe
24-25	UCSD Triton Invitational	La Jolla
M 2	Double Dual (UA/NAU)	Tempe
2	Cardinal Invitational	Palo Alto
9-10	Pac-10 Multi-Events	Eugene
16-17	Pac-10 Championships	Eugene
29-30	NCAA West Region	Eugene
J 10-13	NCAA Championships	Fayetteville

Home meets in **bold** (at Sun Angel Stadium)

### 2008 SUN DEVIL DATA

Location	Tempe, Ariz.
Enrollment	67,082
Nickname	Sun Devils
Colors	Maroon & Gold
Conference (In & Out)	MPSF & Pac-10
Home Venue	Sun Angel Stadium
University President	Dr. Michael Crow
VP for University Athletics	Lisa Love

#### Director of Track & Field/Cross Country

Greg Kraft

#### Assistant Coaches

Ryan Cole	Distance/Mid-Distance
David Dumble	Throws
Kenny McDaniel	Sprints (women)
Louie Quintana	Distance/Mid-Distance/XC
Terry Winston	Sprints (men)

#### Graduate Assistant

Victoria Jackson Distance/Mid-Distance

#### Volunteer Coaches

Ron Barela	Pole Vault
Dan O'Brien	Multi-Events

#### Support Staff

Frank Perez	Assistant Athletic Trainer
Liz Johnson	Grad. Asst. Trainer
BJ Capili	Grad. Asst. Trainer
Josh Storms	Sports Performance
Shay Jewett	Academic Coach (women)
Sophia Sledge	Academic Coach (men)



## OUTDOOR MEET #11

## PAC-10 CHAMPIONSHIPS

at Pac-10 Conference Multi Championships  
Saturday, May 9 - Sunday, May 10 • hosted by Oregon  
Hayward Field • Eugene, Ore.



## Sandys, Grant Set to Compete in Pac-10 Decathlon Meet

*First of two weekends of Pac-10 action set to begin in Eugene on Saturday*

The championship season opens this weekend with the Arizona State University track and field team sending a pair of athletes to compete in the 2009 Pac-10 Multi Championships that will be held on Saturday and Sunday at Hayward Field in Eugene, Ore. The two men will compete in the decathlon before the rest of their teammates travel to Eugene next weekend to take part in the remaining events of the championships.

### IN THE FIELD

The two Sun Devils that will compete in Eugene this weekend are both true freshman: Jamie Sandys and Duggan Grant. Sandys will enter the weekend ranked eighth in the Pac-10 in the decathlon with a season-best score of 6,033 points, the second-best total among all freshman in the conference. Grant will be competing in his first decathlon of the outdoor season.

### PREVIEW: DECATHLON

Heading into the event this weekend, Sun Devil Jamie Sandys is ranked eighth overall in the Pac-10 with a score of 6,033 points. The current event leader is also the defending Pac-10 and NCAA champion, Oregon's Ashton Eaton, who has scored a national-leading and the third-best in the world point total of 8,023. While Eaton's score is more than 1,000 points ahead of the second-best in the league, 900 points separates second through eighth (the final seven scoring positions in the event), which will be vital points as teams will look to get every point they can toward winning the team title.

### STRONG CONFERENCE

According to the latest national rankings released by the USTFCCA on Wednesday, the Pac-10 Championships will be filled with numerous Top 25 teams, including six women's and seven men's teams. In the women's rankings, Oregon leads the way at No. 4 with No. 5 USC and No. 7 Arizona State holding places in the Top 10. The remaining ranked teams include No. 13 UCLA, No. 14 Stanford and No. 15 Washington. On the men's side, host Oregon is No. 2 with the Sun Devils the only other Top 10 team at No. 4. The remaining five ranked teams include No. 13 Stanford, No. 14 USC, No. 15 Washington, No. 16 California and No. 19 Washington State.

### TITLE DEFENSE

The Sun Devil women enter the Pac-10 Championships as the three-time defending champions and will look to join UCLA as the only program to win the conference crown four or more times in a row (UCLA won eight in a row before ASU won the last three and also has won four in a row one other time). The Sun Devils, who claimed the title by the largest margin of victory in Pac-10 history last year (69.5 points), are returning to the site of their first crown after winning the 2006 title in Eugene during the 2006 season. That year, Arizona State outscored Stanford, 154-151.5, to win the program's first title on the women's side and just the second overall (the men won in 1981).

### SO CLOSE

In each of the past two Championships, the Sun Devil men have been close to winning the team title, but fell short to Oregon as the Ducks won in 2007 (114-110) and 2008 (144.5-134). The 1981 team champions, Arizona State's only other close call came in 1983 when it tied for second with UCLA. In the 30 previous Pac-10 Championships the Sun Devils have competed, the men have placed among the Top 3 eight times with five of those finishes coming under current head coach Greg Kraft. In that span, ASU has placed second twice (2007, 2008) and third three times (2000, 2004, 2005).

## HEAD COACH GREG KRAFT

Greg Kraft is in his 13th year with the Sun Devil program and has built it into a national power. During the 2008 season, his men and women captured the NCAA Indoor Championships, only the second time in the history of the event that the same school swept both titles. The title was the second in a row for the women and their third overall (2007 outdoor) and the first for the men. Dating back to the 2006 seasons, the Sun Devil women have won the Pac-10 three times, the MPSF twice, the NCAA indoor twice, the NCAA outdoor once and the NCAA West Region outdoor once. The men have added one NCAA indoor and one NCAA West Region outdoor crown to that collection as well.

Individually, athletes have excelled under the 2008 Men's and Women's USTFCCCA National Indoor Coach of the Year, including seven-time NCAA multi-event champion Jacquelyn Johnson, who also advanced to the Olympic Games in the heptathlon after winning her fourth NCAA heptathlon title. Also in 2008, individual crowns were won indoors by Ryan Whiting (shot put) and Kyle Alcorn (3,000m run) while titles were won outdoors by Alcorn (steeplechase) and Sarah Stevens (discus). Whiting's indoor title and Johnson's third indoor pentathlon crown both came with NCAA indoor meet record marks while Johnson's total was also a collegiate record and third-best by an American ever.

At the conference level, the Sun Devils have dominated on the women's side with three titles in a row while the men have finished as the meet runner-up the past two years in a row. His athletes have collected 43 individual titles and added another 13 relay crowns in the Pac-10 before going on to collect 123 All-America honors individually and another 19 in relays.

Along with Johnson, other impressive names that have been coached by Kraft include 2004 Olympic Long Jump Champion Dwight Phillips and 2008 U.S. Long Jump Champion Trevell Quinley.

### BY THE NUMBERS

<b>Athletic Honors</b>	<b>Men</b>	<b>Women</b>
NCAA Champions (Team)	1	3
NCAA Champions (Individual)	5	14
NCAA All-Americans - TF (Individual)	56	75
NCAA All-Americans - TF (Relay)	13	7
NCAA All-Americans - XC	4	11
NCAA West Region Titles (Team)	1	3
NCAA West Region Titles (Individual)	6	11
NCAA West Region Titles (Relay)	4	5
Pac-10 Champions (Team)	0	3
Pac-10 Champions (Individual)	23	20
Pac-10 Champions (Relay)	10	3
Pac-10 Champions (XC Individ.)	0	1
MPSF Indoor Titles (Team)	0	2
MPSF Indoor Titles (Individual)	16	27
MPSF Indoor Titles (Relay)	4	5

<b>Academic Honors</b>	<b>Men</b>	<b>Women</b>
CoSIDA Academic All-Americans (TF)	1	6
CoSIDA Academic All-Americans (XC)	1	1
CoSIDA Academic All-Region VII (XC/TF)	5	15
USTFCCCA All-Academic (T&F)	11	42
USTFCCCA All-Academic (XC)	0	5
USTFCCCA Scholar-Athlete of the Year	1	3
USTFCCCA Academic Team of the Year	0	2
Academic All-Pac-10 (TF - 1st/2nd Tm)	54	70
Academic All-Pac-10 (XC - 1st/2nd Tm)	26	30

### Coach of the Year Honors

USTFCCCA National Women's (Out)	'07
USTFCCCA National Women's (In)	'07, '08
USTFCCCA National Men's (In)	'08
USTFCCCA Region Women's (Out)	'96, '06, '07, '08
USTFCCCA Region Women's (In)	'07, '08
USTFCCCA Region Men's (In)	'08
USTFCCCA District Women's (Out)	'06, '07
Pac-10 Conference (women)	'06, '07, '08
Southeastern Conference (women)	'96
MPSF Indoor (women)	'07, '08

updated March 15, 2009

## COMPLETE 2009 SUN DEVIL SCHEDULE

Date	INDOOR MEETS	W Finish	M Finish	Wins	Top 3s	Autos	Provs	Region
J 23	at Friday Night Challenge	NTS	NTS	7-8	11-19	0-1	2-2	n/a
30-31	at Mountain 'T' Invitational	NTS	NTS	5-5	10-11	2-1	2-2	n/a
F 7	at New Mexico Classic	NTS	NTS	2-0	3-1	0-0	1-0	n/a
7	at NAU Team Challenge	NTS	NTS	4-1	8-4	1-0	1-0	n/a
13-14	at Texas A&M Invitational	6th	9th	1-1	2-3	1-1	2-1	n/a
14	at Husky Classic	NTS	NTS	0-0	1-2	0-0	2-2	n/a
23	at NAU Tune-Up	NTS	NTS	1-0	1-1	0-0	1-0	n/a
27-28	at MPSF Championships	3rd	5th	4-4	6-6	2-1	5-5	n/a
M 7	at Iowa State Last Chance	NTS	NTS	1-1	1-2	0-1	2-2	n/a
7	at Washington Last Chance	NTS	NTS	0-0	0-0	0-0	0-0	n/a
13-14	at NCAA Championships	5th	5th	0-2	3-2	3-2	2-2	n/a
Date	OUTDOOR MEETS	W Finish	M Finish	Wins	Top 3s	Autos	Provs	Region
M 20-21	BALDY CASTILLO	NTS	NTS	1-1	7-7	0-0	0-0	2-7
25-26	at Big Green Desert Multis	dnc	NTS	0-0	0-0	0-0	0-0	0-0
27-28	ASU INVITATIONAL	NTS	NTS	3-3	6-7	0-0	0-0	8-9
27-28	at Stanford Invitational	NTS	NTS	0-0	0-0	0-0	1-0	1-0
A 10-11	SUN ANGEL CLASSIC	NTS	NTS	2-2	10-8	0-0	0-0	11-12
16-18	at Mt. SAC Relays	NTS	NTS	5-0	8-2	0-0	0-0	8-4
24-25	SUN DEVIL INVITE	NTS	NTS	6-3	13-9	0-0	0-0	1-4
24-25	at UCSD Triton Invitational	NTS	NTS	1-0	1-0	0-0	0-0	4-3
M 2	DOUBLE DUAL (Arizona)	W, 107-93	W, 109-89	14-9	21-25	0-0	0-0	13-14
2	DOUBLE DUAL (NAU)	W, 134-51	W, 116-68			same as above		
2	at Cardinal Invitational	NTS	NTS	0-0	0-0	0-0	0-0	1-1
9-10	at Pac-10 Multi-Events							
16-17	at Pac-10 Championships							
29-30	at NCAA West Regional							
J 10-13	at NCAA Championships							

Numbers under Wins, Top 3s, Autos, Provs and Region are listed women-men

### WHITING HONORED

Following another successful weekend in the circle, Ryan Whiting was honored by the Conference as the Pac-10 Men's Field Athlete of the Week. Whiting, the 2008 and 2009 NCAA Indoor Shot Put Champion, helped the Sun Devil men to a sweep of its instate rivals as he took the discus title with a mark of 60.32m (197-11), more than eight-feet past the second-place mark, and then went on to win the shot put with a national-leading toss of 20.41m (66-11.50). The only 20-meter throw of the season in the NCAA so far this year, Whiting also bettered his Dual record mark of 20.35m that he set in 2007 as a freshman. Along with his NCAA-leading shot put mark, Whiting currently stands second nationally in the discus (60.73m). The weekly honor for Whiting is his first this season and the fourth for the Sun Devil program. He joins teammates Brandon Bethke (men's track, April 20), Charonda Williams (women's track, April 13) and Sarah Stevens (women's field, April 13) as the other Sun Devils to be honored this season.

### CLEAN SWEEP

Over the weekend (May 2), the Sun Devils played host to the annual Double Dual with Arizona and Northern Arizona and walked away with a sweep over both of their intrastate rivals. In the women's team scoring, the Sun Devils defeated the Wildcats, 107-93, while downing the Lumberjacks, 116-68. On the men's duals, the Devils knocked off the 'Cats, 109-89, while defeating the 'Jacks, 134-51.

### BY THE NUMBERS

In the Double Dual, the Sun Devils won 23 different events while also collecting 22 second and third-place finishes overall. Along with the women winning 14 events and the men taking nine, the Sun Devils combined to record 27 regional qualifying marks on the day, including 14 by the men and 13 by the women.

### MORE SWEEPS

Of those 23 victories, the Sun Devils swept the titles in eight different events, including four on the track and four in the field. On the track, Arizona State dominated in the sprints as both genders won the 100m and 200m events while also collecting wins in both relays (4x100m and 4x400m). In the field, the Sun Devils were victorious in all four throws, including the shot put, discus, hammer and javelin.

### THE GOLDEN GIRLS

Four Sun Devil women had very successful Double Duals as each had a hand in at least three event wins with one of the women in on four victories. Jasmine Chaney led the charge as she swept the hurdles with wins in the 100m hurdles (13.77) and the 400m hurdles (59.10)

# HONORS/AWARDS & TEAM NOTES



while also running on the victorious 4x100m (44.02) and 4x400m (3:43.30) relays. Triple winners included Dominique' Maloy (100m, 4x100m and 4x400m), Charonda Williams (200m, 4x100m and long jump) and Sarah Stevens (shot put, discus and hammer).

## FAB FROSH

While there were only two men that won more than one event on the day, one of those men made quite a statement as true freshman Allante Battle had a hand in four victories. The rookie opened the day by helping the 4x100m relay to a win in 40.31 before taking the 100m dash in 10.58, just 0.01 off his seasonal-best. Then, he won the 200m dash with a personal-best and regional qualifying time of 21.21 before capping the day as a late addition to the 4x400m relay that won in 3:10.25.

## DOUBLE DIPPING

The other Sun Devil man to win two or more events came in the field as Ryan Whiting captured the shot put with a NCAA-leading mark of 20.41m while also taking the discus with a toss of 60.32m.

## MORE WINS: WOMEN

The remaining women's victories came from Jeavon Benjamin (400m, 4x400m); Haley Paul (5,000m); Shauntel Elcock (4x100m); Kayla Sanchez (4x400m); Marjorie Rima (triple jump); and Lissa Regets (javelin).

## MORE WINS: MEN

The remaining men's victories came from: Nectaly Barbosa (800m); David Mehlhorn (3,000m steeplechase); Jason Lewis (hammer); Mark Peck (javelin); Calvin Abram (4x100m); Ray Miller (4x100m); Marcus Duncan (4x100m); Ian Caracciolo (4x400m); Lawrence Trice (4x400m); and John Kline (4x400m).

## BREAKING THROUGH

While ASU recorded 27 regional qualifiers on the day, three Sun Devils recorded the first qualifying marks of their ASU careers. On the track, two of those marks came in the 400m hurdles as true freshman Kayla Sanchez ran 59.80 to qualify for the women's meet while junior transfer Roberto Archibold ran 51.72 to earn a place in the men's meet. The final first-time qualifier came from the men's javelin as true freshman Mark Peck won the event with a toss of 63.40m (208-00).

## SCHOLARSHIP

On April 28, Sarah Stevens was named as one of 29 women selected for the NCAA Postgraduate Scholarship, a one-time, non-renewing \$7,500 scholarship that is given annually to scholar-athletes that have excelled academically and athletically and are completing their senior seasons. Stevens, the lone woman from the Pac-10 to be honored with the scholarship among winter sports, is a two-time NCAA champion and 12-time All-American while also having earned numerous academic honors, including twice being named the USTFCCCA Women's Division I Field Scholar-Athlete of the Year (indoor 2007, outdoor 2008).

## LOOKING BACK: 2008 PAC-10 MULTIS

Last year, only one Sun Devil competed in the multi-event portion of the Pac-10 Championships that were held in Tempe and that was Jacquelyn Johnson, who won the women's heptathlon with a then-Pac-10 and school record 6,307 points. The title was Johnson's third after also claiming titles in 2004 and 2006. The 10 team points earned by Johnson put the Sun Devil women on the right foot as they would go on to win their third Pac-10 title in a row.

## LOOKING BACK: 2008 PAC-10 CHAMPIONSHIPS

For the second year in a row, the Sun Devil women won the Pac-10 title and the men took second, this time placing highly on their home track in Tempe. The women scored 186.5 points to win its third title in a row while capturing six individual and one relay crown while the men were second (134) to Oregon (144.5) after capturing five individual and one relay crown. ASU athletes won both 200m dash titles (Charonda Williams for the women and Darryl Elston for the men) while also sweeping the 4x400m relay.

## RETURNING WOMEN'S CHAMPIONS

Although the Sun Devil women won six individual Pac-10 titles last year, only three of those winners are returning, as well as some of the runners on the victorious 4x400m relay. Individual, Charonda Williams is back to defend her 100m and 200m titles while Sarah Stevens will look to win the hammer again and regain the shot put and discus titles she

## 2008 CROSS COUNTRY HONORS

### USTFCCCA All-American - Women

- Kari Hardt

### USTFCCCA All-West Region - Women

- Kari Hardt, Jenna Kingma, Ali Kielty

### Toyo Tires/Pac-10 Scholar-Athlete of the Year

- Jenna Kingma (women's cross country)

### All-Pac-10 Conference - Women

- Kari Hardt (2nd), Ali Kielty (2nd)

### USTFCCCA All-Academic

- not yet released

### Academic All-Pac-10 - Women

- Ali Kielty (2nd), Jenna Kingma (HM), Angela Spadafino (HM), Maureen Stringham (HM)

### Academic All-Pac-10 - Men

- Thomas Petersen (1st), Ben Engelhardt (2nd), Daniel Lovell (2nd), Michael Anderson (HM), Collin Eckelman (HM), Jordan Hall (HM), David Mehlhorn (HM)

## 2009 INDOOR HONORS

### NCAA Champions - Men

- Jason Lewis - Weight (22.88m/75-00.75)
- Ryan Whiting - Shot Put (20.16m/66-01.75)

### USTFCCCA All-American - Men

- Jason Lewis - Weight (22.88m/75-00.75) - 1st
- Jason Lewis - Shot Put (19.17m/62-10.75) - 4th
- Mason McHenry - 800m (1:49.85) - 9th
- Ryan Whiting - Shot Put (20.16m/66-01.75) - 1st

### USTFCCCA All-American - Women

- Jeavon Benjamin - 4x400m (3:34.30) - 2nd
- Shauntel Elcock - 4x400m (3:34.30) - 2nd
- Dominique' Maloy - 4x400m (3:34.30) - 2nd
- Sarah Stevens - Shot Put (17.74m/58-02.50) - 2nd
- Sarah Stevens - Weight (21.11m/69-03.25) - 4th
- Charonda Williams - 4x400m (3:34.30) - 2nd
- Charonda Williams - 200m (22.89) - 3rd
- Charonda Williams - 60m (7.32) - 6th

### USTFCCCA West Region Athlete of the Year

- Sarah Stevens - Women's Field

### Women's MPSF Champions

- Sarah Stevens - Shot Put (17.13m/56-02.50)
- Sarah Stevens - Weight (21.58mm/70-09.75)
- Charonda Williams - 60m dash (7.31)
- Charonda Williams - 200m dash (23.44)

### Men's MPSF Champions

- Jason Lewis - Weight (21.02m/68-11.75)
- Mason McHenry - 800m run (1:49.00)
- Ryan Whiting - Shot Put (20.01m/65-07.75)
- 4x400m Relay (3:08.74)

*J. Phillip, D. Elston, J. Kremer, D. Sanford*

## 2009 OUTDOOR HONORS

### NCAA Postgraduate Scholarship - Women

- Sarah Stevens

### Pac-10 Conference Athlete of the Week - Women

- Sarah Stevens - Field (4/13)
- Charonda Williams - Track (4/13)

### Pac-10 Conference Athlete of the Week - Men

- Brandon Bethke - Track (4/20)
- Ryan Whiting - Field (5/4)



## 2009 ARIZONA STATE UNIVERSITY WOMEN'S TRACK & FIELD TEAM

<i>Sun Devil</i>	<i>Event(s)</i>	<i>IN</i>	<i>OUT</i>	<i>Hometown (Last School)</i>
Jeavon Benjamin	Sprints	Sr.	Sr.	Queens, N.Y. (Central Arizona College)
Jocelyn Buras	Mid-Distance	Jr.*	Jr.*	Gilbert, Ariz. (Highland HS)
Chelsea Caloia	Distance	Jr.*	Jr.*	Phoenix, Ariz. (North Canyon HS)
Cara Carpenter	Pole Vault	Fr.	Fr.	Mesa, Ariz. (Mountain View HS)
Jasmine Chaney	Sprints/Hurdles	Jr.	So.*	Tempe, Ariz. (McClintock HS)
Devan Coon	Sprints	Fr.	Fr.	Leesport, Pa. (Schuylkill Valley HS)
Krystal Duke	Distance	Jr.*	Jr.*	Clovis, Calif. (Clovis HS)
Shauntel Elcock	Sprints	Sr.	Sr.	Ft. Wayne, Ind. (Northrop HS)
Stephanie Garnett	Jumps/Sprints	Sr.	Sr.	Winslow, Ariz. (Winslow HS)
Courtney Golden	Mid-Distance	Fr.	Fr.	Gilbert, Ariz. (Gilbert HS)
Rebecca Greenwald	Distance	Jr.	Jr.	Prescott, Ariz. (Pima CC)
Kari Hardt	Distance	So.*	So.*	Queen Creek, Ariz. (Queen Creek HS)
Ali Kielty	Distance	Jr.*	Jr.*	Torrance, Calif. (West Torrance HS)
Jenna Kingma	Distance	Sr.*	Sr.*	San Luis Obispo, Calif. (San Luis Obispo HS)
Ashley Lampley	Throws	Fr.	Fr.	Huntington Beach, Calif. (Marina HS)
Catherine Loden	Distance	Fr.	Fr.	White Oak, Texas (White Oak HS)
Kate Lydy	Distance	Fr.	Fr.	Germantown, Wis. (Germantown HS)
Dominique' Maloy	Sprints	So.	So.	Pahrump, Nev. (Pahrump Valley HS)
Addison McGrath	Throws	Jr.*	Jr.*	Laguna Beach, Calif. (Laguna Beach HS)
Cherise McNair	Distance	Jr.	Jr.	Manteca, Calif. (CS Stanislaus)
Stephanie Mundt	Distance	Fr.	Fr.	Urbandale, Iowa (Urbandale HS)
Cj Navarro	Throws	Fr.*	Fr.*	Mesa, Ariz. (Desert Ridge HS)
Lisa Navarro	Pole Vault	Jr.	Jr.	Thousand Oaks, Calif. (Mesa CC)
Lisa Nelson	Mid-Distance	So.*	So.*	Tucson, Ariz. (Sabino HS)
Sunni Olding	Distance	Sr.*	Sr.*	Minster, Ohio (Univ. of Notre Dame)
Camille Olson	Distance	Fr.*	Fr.*	Phoenix, Ariz. (Sandra Day O'Connor HS)
Stacey Orosz	Pole Vault	Sr.*	Sr.*	Rockford, Mich. (Western Michigan Univ.)
Haley Paul	Distance	--	Sr.*	Phoenix, Ariz. (Washington State Univ.)
Nicole Pennes	Distance	So.*	So.*	Pleasant Hill, Calif. (UCLA)
Lindsay Prescott	Distance	Fr.	Fr.	Phoenix, Ariz. (Sandra Day O'Connor HS)
Lissa Regets	Throws	Sr.	Sr.	Harrisburg, Pa. (Central Dauphin East HS)
Marjorie Rima	Jumps	Sr.	Sr.	Fairbanks, Alaska (Monroe Catholic HS)
Kayla Sanchez	Sprints/Hurdles	Fr.	Fr.	Carson City, Nev. (Carson HS)
Erika Simington	Throws	Jr.*	Jr.*	Scottsdale, Ariz. (Univ. of Kansas)
Brianna Smith	Distance	Jr.	Jr.	Simi Valley, Calif. (Moorpark JC)
Angela Spadafino	Distance	Jr.*	Jr.*	Torrance, Calif. (West Torrance HS)
Sarah Stevens	Throws	Sr.*	Sr.*	Ft. Collins, Colo. (Ft. Collins HS)
Maureen Stringham	Distance	Fr.*	Fr.*	Hockessin, Del. (St. Mark's HS)
Kauren Tarver	Distance	Fr.	Fr.	Wrightwood, Calif. (Serrano HS)
Sarah Townsend	Sprints/Hurdles	Fr.	Fr.	Pasadena, Calif. (Pasadena HS)
Natasa Vulic	Distance	Fr.	Fr.	Phoenix, Ariz. (Mountain Pointe HS)
Charonda Williams	Sprints	Sr.	Sr.	Richmond, Calif. (Laney CC)
Ashley Wimmer	Mid-Distance	Fr.	Fr.	Las Vegas, Nev. (Palo Verde HS)

\* - indicates redshirt season has been used; IN - indoor eligibility; OUT - outdoor eligibility

## ARIZONA STATE TRACK & FIELD COACHING AND SUPPORT STAFF

<i>Position</i>	<i>Staff Member (Year)</i>	<i>Event Group</i>
Director of Track & Field	Greg Kraft (13th year)	Jumps
Assistant Coach	David Dumble (8th year)	Throws
Assistant Coach	Kenny McDaniel (2nd year)	Sprints/Hurdles/Relays (Women)
Assistant Coach	Louie Quintana (7th year)	Mid-Dist./Distance/X-Country (Head Coach)
Assistant Coach	Terry Winston (5th year)	Sprints/Hurdles/Relays (Men)
Assistant Coach	Ryan Cole (2nd year)	Mid-Distance/Distance/Cross Country
Grad. Assistant Coach	Jenna Wrieden (1st year)	Mid-Distance/Distance/Cross Country
Volunteer Coach	Ron Barela (6th year)	Pole Vault
Volunteer Coach	Dan O'Brien (4th year)	Multi-Events
Asst. Athletic Trainer	Frank Perez (3rd year)	
GA Athletic Trainer	Liz Johnson (1st year)	
GA Athletic Trainer	BJ (1st year)	
Media Relations/SID	Alex Ryan (7th year)	

claimed in 2007. Jeavon Benjamin, Shauntel Elcock and Dominique' Maloy all ran on the victorious 4x400m relay last year and are back this season to try and defend their title.

### RETURNING MEN'S CHAMPIONS

Of the five individual crowns won last year, only one returns this season and that is 200m dash champion Darryl Elston. Elston is joined by Justin Kremer as the only returning members of the championship 4x400m relay team.

### ANOTHER RECORD RUN

For the second week in a row (April 18), Charonda Williams took to the track and broke a school record, this time shattering the 100m dash mark. At the Mt. SAC Relays, Williams ran 11.29 to finish second only to current world leader Carmelita Jeter's 10.97. Williams' mark, which stands 14th in the world this week, broke the previous mark of 11.33 that was run by Sharon Ware in 1983 (26 years ago). One week earlier, Williams moved to the top of the charts on ASU's 200m list by running 22.82 and breaking the previous standard of 22.91 that Maicel Malone ran in 1991.

### SPEED WORK

Along with her two records set outdoors, Williams also is the indoor record holder in the 60m (7.30) and 200m (22.89). She also has helped several relays move up the rankings this year, including the 4x100m that ran 43.92 to move into second all-time at ASU and become only the second team to run a sub-44 in the event. Indoors, she helped the 4x400m relay clock the fourth-best time of 3:34.30 at the NCAA Championships where the team placed second overall in the meet.

### TAKE ME TO YOUR LEADERS - NCAA

On the latest release of the NCAA descending order lists, two Sun Devil men hold the top marks in the nation so far this year with Brandon Bethke's time of 13:27.79 setting the standard in the 5,000m run while Ryan Whiting's toss of 20.41m leads the shot put.

### ON THE LIST - WOMEN

Six marks recorded by the women currently rank among the Top 10 nationally with three of those marks being held by Sarah Stevens, who ranks second in the shot put (18.00m), fourth in the hammer (64.87m) and seventh in the discus (54.58m). Charonda Williams ranks second in the 200m (22.82), ninth in the 100m (11.29) and is a member of the fifth-ranked 4x100m relay (43.92).

### STEVENS LEADS THE WAY

After qualifying in three events last year at the 2008 NCAA Outdoor Championships and earning All-America honors in all three, including the national title in the discus, Sarah Stevens is once again in position to add to her career haul of 12 All-America honors. As

# TEAM NOTES



it stands now, Stevens is the only woman in the NCAA that is ranked in the Top 10 in all three throws so far this season and is one of only three women to hold a qualifying mark in all three of those events that also rank among the Top 25 nationally.

## ON THE LIST - MEN

Along with Bethke and Whiting's marks, five other marks rank among the Top 10 nationally, including Whiting's toss of 60.73m in the discus, the third-best in the nation. Jason Lewis is in the Top 10 in three throws, including seventh-place standings in the discus (58.62m) and the hammer (68.15m) while also standing 10th in the shot put (18.55m). Mason McHenry is the final Sun Devil ranked in the Top 10 as he stands fifth in the 800m run (1:48.25).

## LEWIS' LAUNCHINGS

Jason Lewis has continued to build upon his impressive indoor season when the former walk-on captured the NCAA Indoor Weight Throw title and earned All-America honors by placing fourth in the shot put at the same meet. As it stands now, Lewis is the only man in the nation that ranks among the Top 25 nationally in all three events outdoors as he stands in the Top 10 in the discus (seventh), hammer (seventh) and shot put (10th).

## WHERE IN THE WORLD?

On the latest world lists, two men and two women currently hold marks that rank among the Top 20 internationally, including two that rank among the Top 6. For the men, Ryan Whiting's toss of 20.41m ranks sixth in the shot put while Brandon Bethke's time of 13:27.79 stands as the 14th-best in the world. On the women's side, Charonda Williams ranks fifth in the 200m (22.82) and 20th in the 100m (11.29) while Sarah Stevens ranks 20th in the shot put (18.00m).

## CATCHING UP WITH THE PAST

Four men and four women with ties to the ASU program also have their names on the world lists, including two that currently lead the world in their respective events. For the men, Dwight Phillips' leap of 8.51m is the best in the world while Marcus Brunson is 10th in the 100m dash (10.12), Matt Turner is 11th in the long jump (8.04m) and Fasil Bizuneh is 18th in the 10,000m run (28:00.22). Jacquelyn Johnson is the world leader in the women's heptathlon (6,020 points) while Desiree Davila stands eighth in the 10,000m run (32:25.78), Lisa Galaviz is 11th in the steeplechase (9:58.41) and Latosha Wallace ranks 18th in the 400m hurdles (56.62).

## 2009 ARIZONA STATE UNIVERSITY MEN'S TRACK & FIELD TEAM

<i>Sun Devil</i>	<i>Event(s)</i>	<i>IN</i>	<i>OUT</i>	<i>Hometown (Last School)</i>
Calvin Abram	Sprints	Sr.	Sr.	Shreveport, La. (Barton County College)
Roberto Archibold	Sprints/Hurdles	Jr.	Jr.	San Diego, Calif. (CS Fullerton)
Nectaly Barbosa	Mid-Distance	So.	So.	Prosser, Wash. (Prosser HS)
Allante Battle	Sprints	Fr.	Fr.	Phoenix, Ariz. (Desert Vista HS)
Brandon Bethke	Distance	Jr.*	Jr.*	Lake Forest, Calif. (Univ. of Wisconsin)
Matt Boughton	Distance	Fr.	Fr.	Phoenix, Ariz. (Desert Vista HS)
Ian Caracciolo	Hurdles	So.	So.	Chandler, Ariz. (Phoenix College)
Santos Castro	Distance	Sr.*	Sr.*	Rio Rico, Ariz. (Paradise Valley CC)
Jordan Clarke	Throws	Fr.	Fr.	Anchorage, Alaska (Bartlett HS)
Alonso Contreras	Distance	Sr.	Sr.	Phoenix, Ariz. (Phoenix College)
Jardon Derrick	Sprints/Hurdles	So.	So.	Pflugerville, Texas (John B. Connally HS)
Marcus Duncan	Sprints	Sr.	Sr.	Carenage, Trinidad & Tabago (Central Arizona)
Jeremy Egboro	Jumps	Jr.*	Jr.*	Tempe, Ariz. (Tempe HS)
Darryl Elston	Sprints/Hurdles	Sr.	Sr.	Toledo, Ohio (Barton County College)
Ben Engelhardt	Distance	So.*	So.*	Westerville, Ohio (Westerville North HS)
Joe Fazio	Pole Vault	Jr.*	Jr.*	San Francisco, Calif. (Archbishop Riordan HS)
Taylor Ford	Mid-Distance	Fr.	Fr.	Aberdeen, S.D. (Northern State Univ)
Kyle Fugit	Pole Vault	Jr.	Jr.	Peoria, Ariz. (Paradise Valley CC)
Duggan Grant	Pole Vault/Multi	Fr.	Fr.	Kansas City, Mo. (Winnetonka HS)
Dylan Hatcher	Distance	Fr.*	Fr.*	Spokane, Wash. (Mead HS)
Joey Heller	Distance	Sr.*	Sr.*	Phoenix, Ariz. (Shadow Mountain HS)
Jeff Helmer	Distance	So.*	So.*	Snohomish, Wash. (Henry M. Jackson HS)
Jeff Helwig	Throws	So.*	So.*	Mesa, Ariz. (Dobson HS)
Kyle Hitchcock	Multi-Events	Jr.	Jr.	North Attleboro, Mass. (Temple Univ.)
Ben Jankunas	Distance	Fr.	Fr.	Scottsdale, Ariz. (Horizon HS)
John Kline	Mid-Distance	Fr.	Fr.	Phoenix, Ariz. (Desert Vista HS)
Cory Kraft	Pole Vault	Fr.	Fr.	Phoenix, Ariz. (Desert Vista HS)
Justin Kremer	Sprints	Jr.	Jr.	Grand Canyon, Ariz. (Grand Canyon HS)
Jason Lewis	Throws	Jr.*	Jr.*	Phoenix, Ariz. (Mountain Pointe HS)
Daniel Lovell	Distance	Fr.*	Fr.*	Anthem, Ariz. (Boulder Creek HS)
Jeremy Marcinko	Pole Vault/Multi	Fr.	Fr.	Gilbert, Ariz. (Higley HS)
Mason McHenry	Mid-Distance	Fr.	Fr.	Bellingham, Wash. (Sehome HS)
David Mehlhorn	Distance	Sr.*	Sr.*	Tempe, Ariz. (Valley Christian HS)
Ray Miller	Sprints	Jr.	Jr.	Monrovia, Calif. (Glendale CC)
Patrick Milloy	Distance	So.*	So.*	Murrieta, Calif. (Murrieta Valley HS)
Stephen Olsen	Distance	So.	So.	Spokane, Wash. (Spokane CC)
Marc Peck	Throws	Fr.	Fr.	Wood-Ridge, N.J. (Wood-Ridge HS)
Thomas Petersen	Distance	Fr.*	Fr.*	Yuma, Ariz. (Yuma Catholic HS)
Corey Phallen	Pole Vault	Jr.	Jr.	San Diego, Calif. (Rancho Bernardo HS)
Joel Phillip	Sprints/Hurdles	Sr.	Sr.	St. Paul's, Grenada (Central Arizona College)
Austin Prince	Pole Vault/Multi	Fr.	Fr.	Murrieta, Calif. (Murrieta Valley HS)
Jamie Sandys	Hurdles/Multi	Fr.	Fr.	Phoenix, Ariz. (Chaparral HS)
Donald Sanford	Sprints	Jr.	Jr.	Inglewood, Calif. (Morgan State Univ.)
Adrian Speed	Jumps	Fr.	Fr.	Sacramento, Calif. (Christian Brothers HS)
Michael Stokes	Jumps	So.	So.	Carson, Calif. (CS Fullerton)
Lawrence Trice, Jr.	Sprints	Jr.	Jr.	Milwaukee, Wis. (CS Fullerton)
Josh Walker	Mid-Distance	Fr.	Fr.	Chandler, Ariz. (Corona del Sol HS)
Alexander Wentz	Multi-Events	Fr.*	Fr.*	Scottsdale, Ariz. (Desert Mountain HS)
Clif Weston	Throws	Sr.*	Sr.*	Phoenix, Ariz. (Valley Christian HS)
Ryan Whiting	Throws	Jr.*	Jr.*	Harrisburg, Pa. (Central Dauphin HS)
Bryan Williams	Sprints	So.	So.	Long Beach, Calif. (Valley View HS)
Julio Zuniga	Mid-Distance	Fr.	Fr.	Phoenix, Ariz. (Trevor Browne HS)

\* - indicates redshirt season has been used; IN - indoor eligibility; OUT - outdoor eligibility

## 2009 NCAA QUALIFIERS

### NCAA Automatic - Women

- none

### NCAA Provisional - Women

- Ali Kieley (10,000m) ..... 33:56.97

### NCAA Regional - Women

- Jeavon Benjamin (400m) ..... 53.87
- Cara Carpenter (Pole Vault) ..... 4.00m
- Jasmine Chaney (100mHH) ..... 13.61
- Jasmine Chaney (400mIH) ..... 58.57
- Shauntel Elcock (400m) ..... 54.27
- Stephanie Garnett (Long Jump) ..... 6.10m
- Jenna Kingma (5,000m) ..... 16:09.11
- Dominique' Maloy (100m) ..... 11.63
- Dominique' Maloy (200m) ..... 23.48
- Cj Navarro (Discus) ..... 50.85m
- Kayla Sanchez (400mIH) ..... 59.80
- Angela Spadafino (Steeple) ..... 10:32.56
- Sarah Stevens (Shot Put) ..... 18.00m
- Sarah Stevens (Discus) ..... 54.58m
- Sarah Stevens (Hammer) ..... 64.87m
- Kauren Tarver (Steeple) ..... 10:45.94
- Charonda Williams (100m) ..... 11.29
- Charonda Williams (200m) ..... 22.82
- Arizona State 'A' (4x100m) ..... 43.92
- Arizona State 'A' (4x400m) ..... 3:37.10

### NCAA Automatic - Men

- none

### NCAA Provisional - Men

- none

### NCAA Regional - Men

- Calvin Abram (100m) ..... 10.53
- Roberto Archibold (400mIH) ..... 51.72
- Nectaly Barbosa (800m) ..... 1:49.40
- Allante Battle (200m) ..... 21.21
- Brandon Bethke (1,500m) ..... 3:42.82
- Brandon Bethke (5,000m) ..... 13:27.79
- Marcus Duncan (100m) ..... 10.41
- Marcus Duncan (200m) ..... 20.80
- Darryl Elston (200m) ..... 21.33
- Darryl Elston (400mIH) ..... 52.19
- Ben Engelhardt (Steeple) ..... 9:03.52
- Joe Fazio (Pole Vault) ..... 5.05m
- Jeff Helmer (5,000m) ..... 14:08.00
- Jeff Helwig (Hammer) ..... 59.15m
- Justin Kremer (400m) ..... 46.91
- Jason Lewis (Shot Put) ..... 18.55m
- Jason Lewis (Discus) ..... 58.62m
- Jason Lewis (Hammer) ..... 68.15m
- Mason McHenry (800m) ..... 1:48.25
- David Mehlhorn (Steeple) ..... 9:01.05
- Marc Peck (Javelin) ..... 63.40m
- Corey Phallen (Pole Vault) ..... 5.15m
- Ryan Whiting (Shot Put) ..... 20.41m
- Ryan Whiting (Discus) ..... 60.73m
- Arizona State 'A' (4x100m) ..... 39.79
- Arizona State 'A' (4x400m) ..... 3:08.52

## TAKE ME TO YOUR LEADERS - PAC-10

The Arizona State women hold the top marks in six events and the men have done the same in two events just one week out from the Championships. Charonda Williams has the fastest times in the Pac-10 as the defending champion in both events leads the 100m (11.29) and the 200m (22.82) while both relays currently have the best time in the league as well. Sarah Stevens also leads a pair of events as she has the top mark in the shot put (18.00m) and the discus (54.58m) while ranking second in the hammer (64.87m). On the men's side, Marcus Duncan has the top time in the 100m dash (10.41) while Jason Lewis is the leader in the hammer (68.15m).

## CLOSE TO THE TOP

Along with the conference leaders, the Sun Devils also hold several marks that rank among the Top 3 overall. The men have four marks that rank second overall and four others that are the third-best in the conference while the women have posted one second-place mark and three third-place marks.

## HANDLING THE HURDLES

Jasmine Chaney also had a fine weekend at the Mt. SAC Relays (April 16-18) as she a part of four regional qualifying marks, including both relays and both hurdles. In the hurdles, however, Chaney improved her personal best times while also winning both events. First up, Chaney ran in the 400m hurdles and won with a time of 58.57 to move into the No. 6 position on the all-time ASU list while also becoming only the seventh woman to run a sub-59 in the event. One day later, she competed in the 100m hurdles and won with a time of 13.61, improving on the No. 9 time in program history. She also helped the 4x100m (44.17) and the 4x400m (3:37.10) to regional qualifying marks.

## NATIONAL SUCCESS

On March 13-14, the 2009 indoor season came to a close for the Sun Devils as eight members of the team traveled to College Station, Texas, for the NCAA Indoor Championships and returned to Tempe with a pair of fifth-place team finishes and 12 total All-America honors. Jason Lewis (weight throw) and Ryan Whiting (shot put) each won national titles to pace the three men while Charonda Williams earned All-America honors in three events to lead the five women at the meet.

## THEY'RE ALL ALL-AMERICANS

All three men and all five women that competed in the NCAA Indoor Championships over the weekend earned All-America honors with three athletes earning multiple awards. Jason Lewis was the lone man to earn multiple honors as he finished first in the weight throw and fourth in the shot put while Sarah Stevens earned honors in the same women's events with finishes of fourth and second, respectively. Charonda Williams led the way, though, as she was an individual All-American in the 60m dash (sixth) and 200m dash (third) before joining Dominique' Maloy, Shauntel Elcock and Jeavon Benjamin to place second in the 4x400m relay. The final All-American was true freshman Mason McHenry in the men's 800m run, where he placed ninth overall and was the eighth American to finish.

## NEXT TIME OUT

Next weekend (May 16-17), the remaining members of the team will head to Oregon for the Pac-10 Championships where the women will look to win their fourth title in a row and the men will try to capture their first since 1981 after placing second each of the past two years. Events will be held at Hayward Field on the Oregon campus on Saturday and Sunday.





# WOMEN'S TOP MARKS - OUTDOOR 2009

# NCAA Regional; ! NCAA Automatic; • NCAA Provisional; @ ASU Record; \$ American College Record; ^ - Recorded in Heptathlon

RUNNING EVENTS		NCAA Region
<b>100m DASH</b>		<b>11.75</b>
<b>ASU Record</b>	<b>11.29</b>	<b>Charonda Williams (2009)</b>
11.29	@ #	Charonda Williams (+0.9) ..... Mt. SAC (4/18)
11.63	#	Dominique' Maloy (-0.1) ..... ASU Invite (3/28)
12.00		Kayla Sanchez (+0.3) ..... Double Dual (5/2)
12.47		Devan Coon (+1.0) ..... Baldy (3/21)

<b>100m HURDLES</b>		<b>13.92</b>
<b>ASU Record</b>	<b>12.75</b>	<b>Lynda Tolbert (1989)</b>
13.61	#	Jasmine Chaney (+1.2) ..... Mt. SAC (4/18)
15.24		Kayla Sanchez (+1.6) ..... Double Dual (5/2)

<b>200m DASH</b>		<b>23.96</b>
<b>ASU Record</b>	<b>22.82</b>	<b>Charonda Williams (2009)</b>
22.82	@ #	Charonda Williams (+1.1) ..... Sun Angel (4/11)
23.48	#	Dominique' Maloy (+0.0) ..... Double Dual (5/2)
24.32		Jasmine Chaney (-1.1) ..... Sun Devil (4/25)
24.50		Jeavon Benjamin (+0.0) ..... ASU Invite (3/28)
24.65		Shauntel Elcock (+1.6) ..... Sun Angel (4/11)
25.29		Devan Coon (+1.1) ..... Sun Angel (4/11)
27.22		Sarah Townsend (+0.7) ..... Sun Devil (4/25)

<b>400m DASH</b>		<b>54.61</b>
<b>ASU Record</b>	<b>50.33</b>	<b>Maicel Malone (1991)</b>
53.87	#	Jeavon Benjamin ..... Mt. SAC (4/18)
54.27	#	Shauntel Elcock ..... Mt. SAC (4/18)
57.94		Devan Coon ..... ASU Invite (3/28)
1:02.57		Sarah Townsend ..... ASU Invite (3/28)

<b>400m HURDLES</b>		<b>1:00.82</b>
<b>ASU Record</b>	<b>55.44</b>	<b>Lade Akinremi (1995)</b>
58.57	#	Jasmine Chaney ..... Mt. SAC (4/17)
59.80	#	Kayla Sanchez ..... Double Dual (5/2)

<b>800m RUN</b>		<b>2:09.80</b>
<b>ASU Record</b>	<b>2:03.23</b>	<b>Kim Toney (1993)</b>
2:11.99		Kauren Tarver ..... Sun Angel (4/11)
2:15.37		Shauntel Elcock ..... Baldy (3/21)
2:16.10		Haley Paul ..... ASU Inv. (3/28)
2:16.80		Lisa Nelson ..... Double Dual (5/2)

<b>1,500m RUN</b>		<b>4:27.80</b>
<b>ASU Record</b>	<b>4:17.98</b>	<b>Priscilla Hein (1999)</b>
4:29.89		Ali Kietly ..... Double Dual (5/2)
4:31.87		Haley Paul ..... ASU Inv. (3/28)
4:36.17		Jenna Kingma ..... Baldy (3/21)
4:36.82		Angela Spadafino ..... ASU Inv. (3/28)
4:43.55		Nicole Pennes ..... Sun Angel (4/11)
4:50.37		Jocelyn Buras ..... Baldy (3/21)
4:52.57		Rebecca Greenwald ..... ASU Inv. (3/28)
4:58.34		Maureen Stringham ..... Sun Angel (4/11)

<b>3,000m RUN</b>		<b>not contested</b>
<b>ASU Record</b>	<b>9:09.76</b>	<b>Lynn Nelson (1984)</b>
10:47.57		Chelsea Caloia ..... Baldy (3/21)

<b>3,000m STEEPCHASE</b>		<b>10:50.52</b>
<b>ASU Record</b>	<b>9:46.43</b>	<b>Lisa Aguilera (2003)</b>
10:32.56	#	Angela Spadafino ..... Sun Angel (4/11)
10:45.94	#	Kauren Tarver ..... Mt. SAC (4/16)
11:31.64		Chelsea Caloia ..... Sun Angel (4/11)
12:06.34		Jocelyn Buras ..... Double Dual (5/2)

<b>5,000m RUN</b>		<b>16:52.00</b>
<b>ASU Record</b>	<b>15:49.03</b>	<b>Victoria Jackson (2006)</b>
16:09.11	#	Jenna Kingma ..... Stanford Inv. (3/27)
17:04.57		Haley Paul ..... Double Dual (5/2)
dnf		Chelsea Caloia ..... ASU Inv. (3/28)
dnf		Ali Kietly ..... Double Dual (5/2)

<b>10,000m RUN</b>		<b>Auto: 33:30.00</b>	<b>Prov: 35:00.00</b>
<b>ASU Record</b>	<b>32:30.37</b>	<b>Amy Hastings (2007)</b>	
33:56.97	•	Ali Kietly ..... Stanford Inv. (3/27)	

<b>RELAY EVENTS</b>		NCAA Region
<b>4x100m RELAY</b>		<b>45.70</b>
<b>ASU Record</b>	<b>43.58</b>	<b>Tolbert, Malone, Foster, Bartholomew ('88)</b>
43.92	#	Arizona State 'A' ..... ASU Invite (3/28)
		D. Maloy, S. Elcock, J. Chaney, C. Williams
44.38	#	Arizona State 'B' ..... Sun Angel (4/11)
		K. Sanchez, S. Elcock, J. Chaney, C. Williams

<b>4x400m RELAY</b>		<b>3:42.00</b>
<b>ASU Record</b>	<b>3:29.45</b>	<b>T. Akinremi, Gayle, Morgan, L. Akinremi ('95)</b>
3:37.10	#	Arizona State 'A' ..... Mt. SAC (4/18)
		S. Elcock, J. Benjamin, J. Chaney, D. Maloy
3:43.30		Arizona State 'C' ..... Double Dual (5/2)
		K. Sanchez, J. Benjamin, J. Chaney, D. Maloy
4:02.41		Arizona State 'B' ..... Sun Devil (4/25)
		D. Coon, K. Sanchez, S. Townsend, L. Nelson

<b>FIELD EVENTS</b>		NCAA Region
<b>LONG JUMP</b>		<b>6.00m</b>
<b>ASU Record</b>	<b>6.62m</b>	<b>Jacinta Bartholomew (1989)</b>
6.10m	#	Stephanie Garnett (20-00.25)(+1.1) ..... ASU Inv. (3/28)
5.99m		Charonda Williams (19-08.00)(+2.1) ..... Dual (5/2)
5.03m		Marjorie Rima (16-06.00)(-1.1) ..... Dual (5/2)

<b>TRIPLE JUMP</b>		<b>12.32m</b>
<b>ASU Record</b>	<b>12.84m</b>	<b>Valerie Williams (2000)</b>
11.08m		Marjorie Rima (36-04.25)(-0.3) ..... Double Dual (5/2)
10.50m		Cara Carpenter (34-05.50)(+0.0) ..... Double Dual (5/2)

<b>HIGH JUMP</b>		<b>1.75m</b>
<b>ASU Record</b>	<b>1.93m</b>	<b>Coleen Rienstra (1980)</b>
1.65m		Marjorie Rima (5-05.00) ..... Double Dual (5/2)

<b>POLE VAULT</b>		<b>3.85m</b>
<b>ASU Record</b>	<b>4.32m</b>	<b>April Kubishta (2008)</b>
4.00m	#	Cara Carpenter (13-01.50) ..... Sun Angel (4/11)
3.70m		Stacy Orosz (12-01.50) ..... Double Dual (5/2)
3.55m		Lisa Navarro (11-07.75) ..... Double Dual (5/2)

<b>SHOT PUT</b>		<b>14.30m</b>
<b>ASU Record</b>	<b>18.79m</b>	<b>Jessica Pressley (2008)</b>
18.00m	#	Sarah Stevens (59-00.75) ..... Sun Angel (4/11)
13.50m		Cj Navarro (44-03.50) ..... Double Dual (5/2)

<b>DISCUS</b>		<b>47.30m</b>
<b>ASU Record</b>	<b>64.94m</b>	<b>Leslie Deniz (1983)</b>
54.58m	#	Sarah Stevens (179-01) ..... Sun Angel (4/11)
50.85m	#	Cj Navarro (166-10) ..... Triton Invite (4/24)

<b>HAMMER</b>		<b>54.15m</b>
<b>ASU Record</b>	<b>68.31m</b>	<b>Jessica Pressley (2008)</b>
64.87m	#	Sarah Stevens (212-10) ..... Sun Angel (4/10)
49.62m		Cj Navarro (162-10) ..... Double Dual (5/2)
46.79m		Ashley Lampley (153-06) ..... Sun Devil (4/25)

<b>JAVELIN</b>		<b>43.45m</b>
<b>ASU Record</b>	<b>48.58m</b>	<b>Jacquelyn Johnson (2008)</b>
43.44m		Lissa Regets (142-06) ..... ASU Invite (3/28)
43.29m		Erika Simington (142-00) ..... Sun Devil (4/25)
36.90m		Stephanie Garnett (121-01) ..... ASU Invite (3/28)

<b>MULTI-EVENTS</b>		NCAA Auto	NCAA Prov
<b>HEPTATHLON</b>		<b>5,500 pnts</b>	<b>5,050 pnts</b>
<b>ASU Hep Record</b>	<b>6,347</b>	<b>Jacquelyn Johnson (2008)</b>	
none			

# MEN'S TOP MARKS - OUTDOOR 2009

# NCAA Regional; ! NCAA Automatic; • NCAA Provisional; @ ASU Record; \$ American College Record; ^ - Recorded in Decathlon

RUNNING EVENTS			NCAA Region
<b>100m DASH</b>			<b>10.55</b>
<b>ASU Record</b>	<b>10.10</b>	<b>Marcus Brunson (2001)</b>	
10.41	#	Marcus Duncan (+0.0)	Baldy (3/21)
10.53	#	Calvin Abram (+0.0)	Baldy (3/21)
10.57		Allante Battle (+0.0)	ASU Invite (3/28)
10.68		Lawrence Trice (+0.0)	Mt. SAC (4/17)
10.81		Bryan Williams (+0.0)	ASU Invite (3/28)
11.73	^	Alexander Wentz (+0.0)	Jim Click Multis (4/2)
11.89	^	Jamie Sandys (+0.4)	Desert Multis (3/25)
<b>110m HURDLES</b>			<b>14.30</b>
<b>ASU Record</b>	<b>13.51</b>	<b>Andrew Parker (1987)</b>	
15.64		Jamie Sandys (+0.9)	Sun Angel (4/11)
16.23		Duggan Grant (-0.4)	Double Dual (5/2)
19.01	^w	Alexander Wentz (+2.1)	Jim Click Multis (4/3)
<b>200m DASH</b>			<b>21.35</b>
<b>ASU Record</b>	<b>20.29</b>	<b>Jerry Bright (1968)</b>	
20.80	#	Marcus Duncan (+0.0)	Baldy (3/21)
21.21	#	Allante Battle (+0.2)	Double Dual (5/2)
21.33	#	Darryl Elston (-0.1)	Sun Devil (4/25)
21.52		Lawrence Trice (+1.5)	Mt. SAC (4/17)
21.57		Bryan Williams (+0.0)	ASU Invite (3/28)
dnf		Calvin Abram	Baldy (3/21)
dnf		Ray Miller	Double Dual (5/2)
<b>400m DASH</b>			<b>47.20</b>
<b>ASU Record</b>	<b>44.41</b>	<b>Ron Freeman II (1968)</b>	
46.91	#	Justin Kremer	Sun Angel (4/11)
47.72		Ray Miller	Double Dual (5/2)
48.41		Lawrence Trice	ASU Invite (3/28)
48.53		Nectaly Barbosa	Baldy (3/21)
48.63		John Kline	Double Dual (5/2)
52.57	^	Jamie Sandys	Desert Multis (3/25)
52.76	^	Alexander Wentz	Jim Click Multis (4/2)
<b>400m HURDLES</b>			<b>52.51</b>
<b>ASU Record</b>	<b>49.30</b>	<b>Gordon Bugg (1988)</b>	
51.72	#	Roberto Archibold	Double Dual (5/2)
52.19	#	Darryl Elston	ASU Invite (3/28)
53.22		Ian Caracciolo	Baldy (3/21)
54.67		Jardon Derrick	ASU Invite (3/28)
<b>800m RUN</b>			<b>1:50.40</b>
<b>ASU Record</b>	<b>1:46.95</b>	<b>Pete Richardson (1984)</b>	
1:48.25	#	Mason McHenry	ASU Invite (3/28)
1:49.40	#	Nectaly Barbosa	Sun Angel (4/11)
2:03.91		Dylan Hatcher	Double Dual (5/2)
<b>1,500m RUN</b>			<b>3:47.80</b>
<b>ASU Record</b>	<b>3:40.70</b>	<b>Chuck LaBenz (1970)</b>	
3:42.82	#	Brandon Bethke	Sun Angel (4/11)
3:48.01		Mason McHenry	Sun Angel (4/11)
3:48.70		Dylan Hatcher	Double Dual (5/2)
3:52.51		Patrick Milloy	ASU Invite (3/28)
3:52.61		Ben Engelhardt	Baldy (3/21)
3:53.81		Daniel Lovell	ASU Invite (3/28)
3:55.53		David Mehlhorn	ASU Invite (3/28)
3:56.48		Joey Heller	Sun Angel (4/11)
3:59.57		Thomas Petersen	ASU Invite (3/28)
4:42.81	^	Alexander Wentz	Jim Click Multis (4/3)
4:59.43	^	Jamie Sandys	Desert Multis (3/26)
<b>3,000m RUN</b>			<b>not contested</b>
<b>ASU Record</b>	<b>unknown</b>	<b>unknown</b>	
8:28.91		Daniel Lovell	Baldy (3/21)
8:29.03		Thomas Peterson	Baldy (3/21)
9:03.19		Santos Castro	Baldy (3/21)

<b>3,000m STEEPLECHASE</b>			<b>9:07.00</b>
<b>ASU Record</b>	<b>8:20.34</b>	<b>Aaron Aguayo (2007)</b>	
9:01.05	#	David Mehlhorn	Sun Angel (4/11)
9:03.52	#	Ben Engelhardt	ASU Invite (3/28)
9:30.72		Santos Castro	Double Dual (5/2)
<b>5,000m RUN</b>			<b>14:12.00</b>
<b>ASU Record</b>	<b>13:27.79</b>	<b>Brandon Bethke (2009)</b>	
13:27.79	@ #	Brandon Bethke	Mt. SAC (4/17)
14:08.00	#	Jeff Helmer	Cardinal Invite (5/2)
14:13.23		Patrick Milloy	Sun Angel (4/11)
14:43.10		Daniel Lovell	Sun Angel (4/11)
14:44.88		Thomas Petersen	Double Dual (5/2)
<b>10,000m RUN</b>			<b>Auto: 28:45.00</b>
<b>ASU Record</b>	<b>28:46.88</b>	<b>Fasil Bizuneh (2002)</b>	
<b>none</b>			<b>Prov: 29:30.00</b>
<b>RELAY EVENTS</b>			<b>NCAA Region</b>
<b>4x100m RELAY</b>			<b>40.66</b>
<b>ASU Record</b>	<b>38.71</b>	<b>Koehnemann, Peterson, Amoo, Love ('05)</b>	
39.79	#	Arizona State 'B'	ASU Inv. (3/28)
		B. Williams, A. Battle, D. Elston, M. Duncan	
39.83	#	Arizona State 'C'	Sun Angel (4/11)
		L. Trice, A. Battle, D. Elston, M. Duncan	
40.31	#	Arizona State 'A'	Double Dual (5/2)
		C. Abram, R. Miller, A. Battle, M. Duncan	
<b>4x400m RELAY</b>			<b>3:10.00</b>
<b>ASU Record</b>	<b>3:00.57</b>	<b>Allen, Amoo, Peterson, Banda (2005)</b>	
3:08.52	#	Arizona State 'C'	ASU Inv. (3/28)
		D. Elston, R. Miller, M. McHenry, J. Kremer	
3:09.83	#	Arizona State 'E'	Sun Angel (4/11)
		D. Elston, J. Kremer, A. Battle, L. Trice	
3:10.25		Arizona State 'G'	Double Dual (5/2)
		I. Caracciolo, L. Trice, J. Kline, A. Battle	
3:14.04		Arizona State 'A'	Baldy (3/21)
		D. Elston, R. Miller, J. Kline, J. Kremer	
3:14.95		Arizona State 'F'	Sun Devil (4/25)
		I. Caracciolo, L. Trice, J. Kline, R. Miller	
3:20.69		Arizona State 'B'	Baldy (3/21)
		A. Battle, I. Caracciolo, M. McHenry, N. Barbosa	
3:21.56		Arizona State 'D'	ASU Inv. (3/28)
		B. Williams, I. Caracciolo, J. Derrick, A. Wentz	



# MEN'S TOP MARKS - OUTDOOR 2009



# NCAA Regional; ! NCAA Automatic; • NCAA Provisional; @ ASU Record; \$ American College Record; ^ - Recorded in Decathlon

FIELD EVENTS		NCAA Region	
<b>LONG JUMP</b>		<b>7.34m</b>	
<b>ASU Record</b>		<b>8.21m Dwight Phillips (2000)</b>	
7.06m		Michael Stokes (23-02.00)(-1.1)	Dual (5/2)
6.52m	w	Jamie Sandys (21-04.75)(+3.2)	Baldy (3/21)
6.49m		Adrian Speed (21-03.50)(+0.8)	Dual (5/2)
6.31m	^	Alexander Wentz (20-08.50)(+1.1)	Click Multi (4/2)
<b>TRIPLE JUMP</b>		<b>15.00m</b>	
<b>ASU Record</b>		<b>16.72m Deon Mayfield (1982)</b>	
14.77m		Jeremy Egboro (48-05.50)(+1.7)	S. Angel (4/11)
14.16m		Adrian Speed (46-05.50)(+1.3)	Dual (5/2)
<b>HIGH JUMP</b>		<b>2.10m</b>	
<b>ASU Record</b>		<b>2.29m Kyle Arney (1977)</b>	
1.90m		Duggan Grant (6-02.75)	Double Dual (5/2)
1.82m	^	Jamie Sandys (5-11.50)	Desert Multis (3/25)
1.75m	^	Alexander Wentz (5-08.75)	Jim Click Multis (4/2)
<b>POLE VAULT</b>		<b>5.05m</b>	
<b>ASU Record</b>		<b>5.70m Nick Hysong (1994)</b>	
5.15m	#	Corey Phallen (16-10.75)	ASU Invite (3/28)
5.05m	#	Joe Fazio (16-06.75)	Double Dual (5/2)
4.90m		Kyle Fugit (16-00.75)	Double Dual (5/2)
4.75m		Duggan Grant (15-07.00)	Double Dual (5/2)
3.70m		Jamie Sandys (12-01.50)	Sun Devil (4/25)
nh		Alexander Wentz (-)	Sun Devil (4/25)
<b>SHOT PUT</b>		<b>16.80m</b>	
<b>ASU Record</b>		<b>20.78m Gary Williky (1982)</b>	
20.41m	#	Ryan Whiting (66-11.50)	Double Dual (5/2)
18.55m	#	Jason Lewis (60-10.50)	Sun Angel (4/11)
15.35m		Jeff Helwig (50-04.50)	Double Dual (5/2)
10.45m		Alexander Wentz (34-03.50)	Baldy (3/21)
10.22m	^	Jamie Sandys (33-06.50)	Desert Multis (3/25)
<b>DISCUS</b>		<b>51.70m</b>	
<b>ASU Record</b>		<b>62.02m Gary Williky (1982)</b>	
60.73m	#	Ryan Whiting (199-03)	ASU Invite (3/28)
58.62m	#	Jason Lewis (192-04)	Triton Invite (4/25)
35.07m		Jamie Sandys (115-01)	Sun Angel (4/11)
29.22m		Alexander Wentz (95-10)	ASU Invite (3/28)
<b>HAMMER</b>		<b>56.80m</b>	
<b>ASU Record</b>		<b>72.26m Mika Laiho (1998)</b>	
68.15m	#	Jason Lewis (223-07)	Sun Angel (4/10)
59.15m	#	Jeff Helwig (194-01)	Triton Invite (4/25)
55.80m		Ryan Whiting (183-01)	Sun Angel (4/10)
<b>JAVELIN</b>		<b>61.60m</b>	
<b>ASU Record</b>		<b>80.96m Pal Arne Fagernes (1996)</b>	
63.40m	#	Marc Peck (208-00)	Double Dual (5/2)
61.05m		Clif Weston (200-03)	Sun Devil (4/25)
52.72m		Kyle Hitchcock (172-11)	Sun Devil (4/25)
45.73m		Alexander Wentz (150-00)	Baldy (3/21)
43.03m		Jamie Sanys (141-02)	Baldy (3/21)

MULTI-EVENTS		NCAA Auto		NCAA Prov
<b>DECATHLON</b>		<b>7,500 pnts</b>		<b>6,900 pnts</b>
<b>ASU Dec Record</b>		<b>7,861 Dannie Jackson (1981)</b>		
6,033 pts	^	Jamie Sandys	Desert Multis (3/25-26)	
5,072 pts	^	Alexander Wentz	Jim Click Multis (4/2-4/3)	
<b>DECATHLON BESTS</b>				
<b>EVENT #1 - 100m DASH</b>				
<b>ASU Dec Record</b>				
<b>10.78 Joshua Kinnaman (2004)</b>				
11.73	^	Alexander Wentz (+0.0)	Jim Click Multis (4/2)	
11.89	^	Jamie Sandys (0.4)	Desert Multis (3/25)	
<b>EVENT #2 - LONG JUMP</b>				
<b>ASU Dec Record</b>				
<b>7.99m Dannie Jackson (1979)</b>				
6.31m	^	Alexander Wentz (20-08.50)(+1.1)	Jim Click (4/2)	
6.14m	^	Jamie Sandys (20-01.75)(+0.3)	Desert Multis (3/25)	
<b>EVENT #3 - SHOT PUT</b>				
<b>ASU Dec Record</b>				
<b>14.91m Mike Chapman (1975)</b>				
10.22m	^	Jamie Sandys (33-06.50)	Desert Multis (3/25)	
10.20m	^	Alexander Wentz (33-05.75)	Jim Click Multis (4/2)	
<b>EVENT #4 - HIGH JUMP</b>				
<b>ASU Dec Record</b>				
<b>2.13m Mike Cox (1982)/Dannie Jackson (1979)</b>				
1.82m	^	Jamie Sandys (5-11.50)	Desert Multis (3/25)	
1.75m	^	Alexander Wentz (5-08.75)	Jim Click Multis (4/2)	
<b>EVENT #5 - 400m DASH</b>				
<b>ASU Dec Record</b>				
<b>48.00 Mike Cox (1982)</b>				
52.57	^	Jamie Sandys	Desert Multis (3/25)	
52.76	^	Alexander Wentz	Jim Click Multis (4/2)	
<b>DAY ONE TOTAL SCORE</b>				
<b>ASU Dec Record</b>				
<b>4,286 Dannie Jackson (1979)</b>				
3,223 pts	^	Jamie Sandys	Desert Multis (3/25)	
3,135 pts	^	Alexander Wentz	Jim Click Multis (4/2)	
<b>EVENT #6 - 110m HURDLES</b>				
<b>ASU Dec Record</b>				
<b>14.00w Dannie Jackson (1979)</b>				
15.83	^	Jamie Sandys (+0.7)	Desert Multis (3/26)	
19.01	^	Alexander Wentz (+2.1)	Jim Click Multis (4/3)	
<b>EVENT #7 - DISCUS</b>				
<b>ASU Dec Record</b>				
<b>46.16m Dannie Jackson (1981)</b>				
33.04m	^	Jamie Sandys (111-00)	Desert Multis (3/26)	
27.71m	^	Alexander Wentz (90-11)	Jim Click Multis (4/3)	
<b>EVENT #8 - POLE VAULT</b>				
<b>ASU Dec Record</b>				
<b>4.95m Matt Zuber (1989)</b>				
3.50m	^	Jamie Sandys (11-05.75)	Desert Multis (3/26)	
nh	^	Alexander Wentz (-)	Jim Click Multis (4/3)	
<b>EVENT #9 - JAVELIN (current standards)</b>				
<b>ASU Dec Record</b>				
<b>64.64m Sammy Bryant (1986)</b>				
42.06m	^	Jamie Sandys (138-00)	Desert Multis (3/26)	
38.63m	^	Alexander Wentz (126-08)	Jim Click Multis (4/3)	
<b>EVENT #10 - 1,500m RUN</b>				
<b>ASU Dec Record</b>				
<b>4:24.43 John Irvine (1982)</b>				
4:42.81	^	Alexander Wentz	Jim Click Multis (4/3)	
4:59.43	^	Jamie Sandys	Desert Multis (3/26)	
<b>DAY TWO TOTAL SCORE</b>				
<b>ASU Dec Record</b>				
<b>3,758 Jeff Mont Pas (1980)</b>				
2,810 pts	^	Jamie Sandys	Desert Multis (3/26)	
1,937 pts	^	Alexander Wentz	Jim Click Multis (4/3)	



# WOMEN'S OUTDOOR MEET-BY-MEET RESULTS

## BENJAMIN, Jeavon

<b>200m DASH</b> <i>Personal Best - 24.50</i>			
ASU Invitational (3/28)	F	24.50 (+0.0)	8th
Sun Angel Track Classic (4/11)	F	25.59 (+1.8)	23rd

<b>400m DASH</b> <i>Personal Best - 53.45</i>			
Sun Angel Track Classic (4/11)	Inv	54.68	3rd
Mt. SAC Relays (4/18)	Inv	# 53.87	4th
Double Dual (5/2)	F	# 54.56	1st

## BURAS, Jocelyn

<b>1,500m RUN</b> <i>Personal Best - 4:32.09</i>			
Baldy Castillo Invite (3/21)	F	4:50.37	14th

<b>3,000m STEEPLECHASE</b> <i>Personal Best - 12:06.34</i>			
Double Dual (5/2)	F	12:06.34	9th

## CALOIA, Chelsea

<b>3,000m RUN</b> <i>Personal Best - 10:47.57</i>			
Baldy Castillo Invite (3/21)	F	10:47.57	10th

<b>3,000m STEEPLECHASE</b> <i>Personal Best - 11:31.64</i>			
Sun Angel Track Classic (4/11)	F	11:31.64	11th
Sun Devil Invitational (4/25)	F	11:39.97	2nd
Double Dual (5/2)	F	11:42.36	8th

<b>5,000m RUN</b> <i>Personal Best - no time</i>			
ASU Invitational (3/28)	F	did not finish	--

## CARPENTER, Cara

<b>POLE VAULT</b> <i>Personal Best - 4.00m (13-01.50)</i>			
Baldy Castillo Invite (3/21)	F	3.70m (12-01.50)	2nd
ASU Invitational (3/28)	F	3.70m (12-01.50)	t-6th
Sun Angel Track Classic (4/11)	Sect2	# 4.00m (13-01.50)	2nd
Sun Devil Invitational (4/25)	F	# 3.85m (12-07.50)	2nd
Double Dual (5/2)	F	3.70m (12-01.50)	4th

<b>TRIPLE JUMP</b> <i>Personal Best - 10.50m (34-05.50)</i>			
Double Dual (5/2)	F	10.50m (34-05.50)(+0.0)	2nd

## CHANEY, Jasmine

<b>100m HURDLES</b> <i>Personal Best - 13.61</i>			
Baldy Castillo Invite (3/21)	F	# 13.63 (-0.3)	2nd
ASU Invitational (3/28)	F	# 13.79 (+0.5)	1st
Sun Angel Track Classic (4/11)	F	# 13.73 (+1.4)	5th
Mt. SAC Relays (4/18)	OD	# 13.61 (+1.2)	1st
Double Dual (5/2)	F	# 13.77 (+1.6)	1st

<b>200m DASH</b> <i>Personal Best - 24.32</i>			
Sun Devil Invitational (4/25)	F	24.32 (-1.1)	1st

<b>400m HURDLES</b> <i>Personal Best - 58.57</i>			
Baldy Castillo Invite (3/21)	F	61.48	2nd
ASU Invitational (3/28)	F	# 59.56	1st
Mt. SAC Relays (4/17)	Open	# 58.57	1st
Double Dual (5/2)	F	# 59.10	1st

## COON, Devan

<b>100m DASH</b> <i>Personal Best - 12.47</i>			
Baldy Castillo Invite (3/21)	F	12.47 (+1.0)	3rd

<b>200m DASH</b> <i>Personal Best - 25.29</i>			
Baldy Castillo Invite (3/21)	F	false start	--
ASU Invitational (3/28)	F	25.47 (+0.0)	19th
Sun Angel Track Classic (4/11)	F	25.29 (+1.1)	29th
Sun Devil Invitational (4/25)	F	25.50 (-1.1)	2nd

<b>400m DASH</b> <i>Personal Best - 57.94</i>			
ASU Invitational (3/28)	F	57.94	12th
Sun Angel Track Classic (4/11)	F	58.19	17th
Sun Devil Invitational (4/25)	F	58.37	2nd

## ELCOCK, Shauntel

<b>200m DASH</b> <i>Personal Best - 24.21</i>			
ASU Invitational (3/28)	F	24.83 (+0.0)	10th
Sun Angel Track Classic (4/11)	F	24.65 (+1.6)	9th

<b>400m DASH</b> <i>Personal Best - 53.85</i>			
Sun Angel Track Classic (4/11)	Inv	# 54.47	2nd
Mt. SAC Relays (4/18)	OD	# 54.27	1st
Double Dual (5/2)	F	dnf	--

<b>800m RUN</b> <i>Personal Best - 2:15.37</i>			
Baldy Castillo Invite (3/21)	F	2:15.37	8th

## GARNETT, Stephanie

<b>LONG JUMP</b> <i>Personal Best - 6.37m (20-10.75)</i>			
ASU Invitational (3/28)	F	# 6.10m (20-00.25)(+1.1)	1st
Sun Angel Track Classic (4/11)	F	5.97m (19-07.00)(+0.2)	3rd
Sun Devil Invitational (4/25)	F	5.99m (19-08.00)(+0.2)	1st

<b>JAVELIN</b> <i>Personal Best - 36.90m (121-01)</i>			
ASU Invitational (3/28)	F	36.90m (121-01)	15th

## GREENWALD, Rebecca

<b>1,500m RUN</b> <i>Personal Best - 4:52.57</i>			
Baldy Castillo Invite (3/21)	F	5:03.43	19th
ASU Invitational (3/28)	F	4:52.57	17th
Sun Angel Track Classic (4/11)	F	4:52.90	19th
Sun Devil Invitational (4/25)	F	4:56.05	4th
Double Dual (5/2)	F	4:54.46	7th

## KIELTY, Ali

<b>1,500m RUN</b> <i>Personal Best - 4:32.45</i>			
Baldy Castillo Invite (3/21)	F	4:35.19	4th
Double Dual (5/2)	F	4:29.89	3rd

<b>5,000m RUN</b> <i>Personal Best - 16:17.04</i>			
Double Dual (5/2)	F	dnf	--

<b>10,000m RUN</b> <i>Personal Best - 33:56.97</i>			
Stanford Invite (3/27)	Sect1	• 33:56.97	10th

## KINGMA, Jenna

<b>1,500m RUN</b> <i>Personal Best - 4:25.87</i>			
Baldy Castillo Invite (3/21)	F	4:36.17	5th

<b>5,000m RUN</b> <i>Personal Best - 15:59.15</i>			
Stanford Invite (3/27)	Sect1	# 16:09.11	13th
Sun Angel Track Classic (4/11)	F	dnf	--
Payton Jordan Cardinal Inv. (5/2)	Sect1	# 16:36.66	13th

## LAMPLEY, Ashley

<b>HAMMER</b> <i>Personal Best - 46.79m (153-06)</i>			
ASU Invitational (3/27)	P	45.51m (149-04)	17th
Sun Angel Track Classic (4/10)	P	no distance	--
Sun Devil Invitational (4/25)	F	46.79m (153-06)	8th
Double Dual (5/2)	F	46.58m (151-11)	8th

## MALOY, Dominique'

<b>100m DASH</b> <i>Personal Best - 11.60</i>			
ASU Invitational (3/28)	F	# 11.63 (-0.1)	4th
Sun Devil Invitational (4/25)	F	11.92 (+0.8)	1st
Double Dual (5/2)	F	# 11.66 (+0.3)	1st

<b>200m DASH</b> <i>Personal Best - 23.28</i>			
Double Dual (5/2)	F	# 23.48 (+0.0)	2nd

## NAVARRO, Cj

<b>DISCUS</b> <i>Personal Best - 50.85m (166-10)</i>			
Baldy Castillo Invite (3/21)	F	# 50.66m (166-02)	4th
ASU Invitational (3/28)	F	# 49.34m (161-10)	7th
Sun Angel Track Classic (4/11)	F	# 50.10m (164-04)	5th
UCSD Triton Invitational (4/24)	P	# 50.85m (166-10)	11th
Double Dual (5/2)	F	# 50.37m (165-03)	3rd

<b>SHOT PUT</b> <i>Personal Best - 13.50m (44-03.50)</i>			
ASU Invitational (3/28)	P	13.08m (42-11.00)	15th
Sun Angel Track Classic (4/11)	P	12.98m (42-07.00)	18th
UCSD Triton Invitational (4/25)	P	12.05m (39-06.50)	22nd
Double Dual (5/2)	F	13.50m (44-03.50)	7th

<b>HAMMER</b> <i>Personal Best - 49.62m (162-10)</i>			
Baldy Castillo Invite (3/20)	F	45.60m (149-07)	9th
ASU Invitational (3/27)	P	49.33m (161-10)	11th
Sun Angel Track Classic (4/10)	P	no distance	--
UCSD Triton Invitational (4/24)	P	48.45m (158-11)	19th
Double Dual (5/2)	F	49.62m (162-10)	5th

# WOMEN'S OUTDOOR MEET-BY-MEET RESULTS



## NAVARRO, Lisa

POLE VAULT <i>Personal Best - 3.55m (11-07.75)</i>				
Baldy Castillo Invite (3/21)	F	3.55m (11-07.75)	5th	
ASU Invitational (3/28)	F	3.40m (11-01.75)	t-17th	
Sun Angel Track Classic (4/11)	Sect2	3.55m (11-07.75)	t-16th	
Sun Devil Invitational (4/25)	F	3.40m (11-01.75)	6th	
Double Dual (5/2)	F	3.55m (11-07.75)	6th	

## NELSON, Lisa

800m RUN <i>Personal Best - 2:15.61</i>				
Baldy Castillo Invite (3/21)	F	2:24.37	14th	
ASU Invitational (3/28)	F	2:20.43	15th	
Sun Angel Track Classic (4/11)	F	2:23.92	37th	
Sun Devil Invitational (4/25)	F	2:22.30	6th	
Double Dual (5/2)	F	2:16.80	4th	

## OROSZ, Stacy

POLE VAULT <i>Personal Best - 3.70m (12-01.50)</i>				
Baldy Castillo Invite (3/21)	F	3.40m (11-01.75)	t-7th	
ASU Invitational (3/28)	F	3.40m (11-01.75)	16th	
Sun Angel Track Classic (4/11)	F	no height	--	
Sun Devil Invitational (4/25)	F	3.55m (11-07.75)	5th	
Double Dual (5/2)	F	3.70m (12-01.50)	5th	

## PAUL, Haley

800m RUN <i>Personal Best - 2:16.10</i>				
ASU Invitational (3/28)	F	2:16.10	9th	

1,500m RUN <i>Personal Best - 4:31.87</i>				
Baldy Castillo Invite (3/21)	F	4:41.50	10th	
ASU Invitational (3/28)	F	4:31.87	4th	
Sun Angel Track Classic (4/11)	Inv	4:36.36	15th	

5,000m RUN <i>Personal Best - 17:04.57</i>				
Double Dual (5/2)	F	17:04.57	1st	

## PENNES, Nicole

1,500m RUN <i>Personal Best - 4:43.55</i>				
Baldy Castillo Invite (3/21)	F	4:52.60	15th	
ASU Invitational (3/28)	F	4:49.15	15th	
Sun Angel Track Classic (4/11)	'C'	4:43.55	15th	
Double Dual (5/2)	F	4:46.87	6th	

## REGETS, Lissa

JAVELIN <i>Personal Best - 45.59m (149-07)</i>				
Baldy Castillo Invite (3/21)	F	38.60m (126-08)	7th	
ASU Invitational (3/28)	F	43.44m (142-06)	6th	
Sun Angel Track Classic (4/11)	F	42.70m (140-01)	8th	
Double Dual (5/2)	F	43.16m (141-07)	1st	

## RIMA, Marjorie

TRIPLE JUMP <i>Personal Best - 11.26m (36-11.50)</i>				
ASU Invitational (3/28)	P	10.83m (35-06.50)(+0.0)	11th	
Sun Devil Invitational (4/25)	F	10.91m (35-09.50)(+1.1)	2nd	
Double Dual (5/2)	F	11.08m (36-04.25)(-0.3)	1st	

LONG JUMP <i>Personal Best - 5.19m (17-00.25)</i>				
Double Dual (5/2)	F	5.03m (16-06.00)(-1.1)	5th	

## HIGH JUMP *Personal Best - 1.65m (5-05.00)*

Baldy Castillo Invite (3/21)	F	1.65m (5-05.00)	t-5th	
ASU Invitational (3/28)	F	1.65m (5-05.00)	11th	
Sun Angel Track Classic (4/11)	F	1.60m (5-03.00)	19th	
Sun Devil Invitational (4/25)	F	1.60m (5-03.00)	2nd	
Double Dual (5/2)	F	1.65m (5-05.00)	4th	

## SANCHEZ, Kayla

100m DASH <i>Personal Best - 12.00</i>				
Baldy Castillo Invite (3/21)	F	12.22 (+1.0)	1st	
Sun Angel Track Classic (4/11)	F	12.16 (+0.8)	6th	
Sun Devil Invitational (4/25)	F	12.10 (+0.8)	2nd	
Double Dual (5/2)	F	12.00 (+0.3)	2nd	

100m HURDLES <i>Personal Best - 15.24</i>				
Double Dual (5/2)	F	15.24 (+1.6)	6th	

400m HURDLES <i>Personal Best - 59.80</i>				
Baldy Castillo Invite (3/21)	F	1:01.50	3rd	
Sun Angel Track Classic (4/11)	F	1:02.97	5th	
Sun Devil Invitational (4/25)	F	1:03.09	1st	
Double Dual (5/2)	F	# 59.80	2nd	

## SIMINGTON, Erika

JAVELIN <i>Personal Best - 43.29m (142-00)</i>				
Baldy Castillo Invite (3/21)	F	42.38m (139-00)	3rd	
ASU Invitational (3/28)	F	42.97m (141-00)	7th	
Sun Angel Track Classic (4/11)	P	40.22m (131-11)	10th	
Sun Devil Invitational (4/25)	F	43.29m (142-00)	1st	
Double Dual (5/2)	F	42.29m (138-09)	2nd	

## SPADAFINO, Angela

1,500m RUN <i>Personal Best - 4:34.42</i>				
Baldy Castillo Invite (3/21)	F	4:37.60	7th	
ASU Invitational (3/28)	F	4:36.82	7th	

3,000m STEEPLECHASE <i>Personal Best - 10:32.56</i>				
Sun Angel Track Classic (4/11)	F	# 10:32.56	3rd	
Double Dual (5/2)	F	# 10:43.76	6th	

## STEVENS, Sarah

SHOT PUT <i>Personal Best - 18.40m (60-04.50)</i>				
Sun Angel Track Classic (4/11)	Inv	# 18.00m (59-00.75)	1st	
UCSD Triton Invitational (4/25)	F	# 16.90m (55-05.50)	1st	
Double Dual (5/2)	F	# 17.13m (56-02.50)	1st	

## HAMMER *Personal Best - 66.52m (218-03)*

ASU Invitational (3/27)	F	# 63.18m (207-03)	2nd	
Sun Angel Track Classic (4/10)	Inv	# 64.87m (212-10)	4th	
UCSD Triton Invitational (4/24)	F	# 56.72m (186-01)	7th	
Double Dual (5/2)	F	# 63.64m (207-10)	1st	

## DISCUS *Personal Best - 57.73m (189-05)*

ASU Invitational (3/28)	F	# 54.10m (177-06)	2nd	
Sun Angel Track Classic (4/11)	F	# 54.58m (179-01)	3rd	
UCSD Triton Invitational (4/24)	P	# 51.18m (167-11)	10th	
Double Dual (5/2)	F	# 55.31m (181-05)	1st	

## STRINGHAM, Maureen

1,500m RUN <i>Personal Best - 5:03.85</i>				
Baldy Castillo Invite (3/21)	F	5:12.90	20th	
ASU Invitational (3/28)	F	5:03.85	10th	
Sun Angel Track Classic (4/11)	'D'	4:58.34	21st	
Sun Devil Invitational (4/25)	F	5:01.01	6th	
Double Dual (5/2)	F	4:59.16	9th	

## TARVER, Kauren

800m RUN <i>Personal Best - 2:11.99</i>				
Baldy Castillo Invite (3/21)	F	2:14.56	6th	
ASU Invitational (3/28)	F	2:12.97	6th	
Sun Angel Track Classic (4/11)	F	2:11.99	8th	
Double Dual (5/2)	F	2:20.58	5th	

3,000m STEEPLECHASE <i>Personal Best - 10:45.94</i>				
Mt. SAC Relays (4/16)	OD	# 10:45.94	11th	
Double Dual (5/2)	F	10:55.66	7th	





# WOMEN'S OUTDOOR MEET-BY-MEET RESULTS

## TOWNSEND, Sarah

### 200m DASH

Personal Best - 27.22

Baldy Castillo Invite (3/21)	F	27.58 (+0.0)	14th
ASU Invitational (3/28)	F	27.46 (+0.0)	34th
Sun Devil Invitational (4/25)	F	27.22 (+0.7)	10th

### 400m DASH

Personal Best - 1:02.57

Baldy Castillo Invite (3/21)	F	1:03.67	11th
ASU Invitational (3/28)	F	1:02.57	19th
Sun Devil Invitational (4/25)	F	1:02.88	7th

## WILLIAMS, Charonda

### 100m DASH

Personal Best - 11.29

Sun Angel Track Classic (4/11)	Inv	# 11.44 (+0.0)	1st
Mt. SAC Relays (4/18)	Inv	@ # 11.29 (+0.9)	3rd

### 200m DASH

Personal Best - 22.82

Sun Angel Track Classic (4/11)	Inv	@ # 22.82 (+1.1)	2nd
Mt. SAC Relays (4/18)	Inv	# 22.84 (+0.8)	1st
Double Dual (5/2)	F	# 23.37 (+0.0)	1st

### LONG JUMP

Personal Best - 5.99m (19-08.00)

Double Dual (5/2)	F	5.99m (19-08.00)(+2.1)	1st
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## 4x100m RELAY

Arizona State 'A' - D. Maloy, S. Elcock, J. Chaney, C. Williams

ASU Invitational (3/28)	F	# 43.92	2nd
Mt. SAC Relays (4/18)	Inv	# 44.17	5th
Double Dual (5/2)	F	# 44.02	1st

Arizona State 'B' - K. Sanchez, S. Elcock, J. Chaney, C. Williams

Sun Angel Track Classic (4/11)	Inv	# 44.38	2nd
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## 4x400m RELAY

Arizona State 'A' - S. Elcock, J. Benjamin, J. Chaney, D. Maloy

Mt. SAC Relays (4/18)	Inv	# 3:37.10	1st
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Arizona State 'B' - D. Coon, K. Sanchez, S. Townsend, L. Nelson

Sun Devil Invitational (4/25)	F	4:02.41	1st
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Arizona State 'C' - K. Sanchez, J. Benjamin, J. Chaney, D. Maloy

Double Dual (5/2)	F	3:43.30	1st
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# MEN'S OUTDOOR MEET-BY-MEET

ABRAM, Calvin				
<b>100m DASH</b> <i>Personal Best - 10.45</i>				
Baldy Castillo Invite (3/21)	F	# 10.53 (+0.0)	3rd	
Sun Angel Track Classic (4/11)	F	11.12 (+0.2)	23rd	
Double Dual (5/2)	F	11.01 (-0.2)	7th	
<b>200m DASH</b> <i>Personal Best - 20.96</i>				
Baldy Castillo Invite (3/21)	F	did not finish	--	
ARCHIBOLD, Roberto				
<b>400m HURDLES</b> <i>Personal Best - 51.72</i>				
Double Dual (5/2)	F	# 51.72	2nd	
BARBOSA, Nectaly				
<b>400m DASH</b> <i>Personal Best - 48.53</i>				
Baldy Castillo Invite (3/21)	F	48.53	7th	
<b>800m RUN</b> <i>Personal Best - 1:48.27</i>				
Sun Angel Track Classic (4/11)	Inv	# 1:49.40	7th	
Double Dual (5/2)	F	# 1:50.03	1st	
BATTLE, Allante				
<b>100m DASH</b> <i>Personal Best - 10.57</i>				
Baldy Castillo Invite (3/21)	F	10.75 (+0.1)	5th	
ASU Invitational (3/28)	F	10.57 (+0.0)	2nd	
Sun Angel Track Classic (4/11)	F	10.67 (+0.2)	4th	
Mt. SAC Relays (4/17)	Open	10.64 (+0.0)	7th	
Double Dual (5/2)	F	10.58 (-0.2)	1st	
<b>200m DASH</b> <i>Personal Best - 21.21</i>				
Baldy Castillo Invite (3/21)	F	21.44 (-0.3)	3rd	
ASU Invitational (3/28)	F	21.58 (+0.0)	10th	
Mt. SAC Relays (4/17)	Open	21.44 (+1.5)	7th	
Sun Devil Invitational (4/25)	F	# 21.28 (-0.1)	2nd	
Double Dual (5/2)	F	# 21.21 (+0.2)	1st	
BETHKE, Brandon				
<b>1,500m RUN</b> <i>Personal Best - 3:42.82</i>				
ASU Invitational (3/28)	F	# 3:44.49	2nd	
Sun Angel Track Classic (4/11)	Inv	# 3:42.82	3rd	
Double Dual (5/2)	F	# 3:44.23	2nd	
<b>5,000m DASH</b> <i>Personal Best - 13:27.79</i>				
Mt. SAC Relays (4/17)	Inv	@ # 13:27.79	6th	
Double Dual (5/2)	F	dnf	--	
CARACCILO, Ian				
<b>400m HURDLES</b> <i>Personal Best - 53.22</i>				
Baldy Castillo Invite (3/21)	F	53.22	8th	
ASU Invitational (3/28)	F	54.17	9th	
Sun Angel Track Classic (4/11)	F	54.99	24th	
Sun Devil Invitational (4/25)	F	53.82	4th	
Double Dual (5/2)	F	53.58	4th	
CASTRO, Santos				
<b>3,000m RUN</b> <i>Personal Best - 8:43.84</i>				
Baldy Castillo Invite (3/21)	F	9:03.19	16th	
<b>3,000m STEEPLECHASE</b> <i>Personal Best - 9:23.98</i>				
ASU Invitational (3/28)	F	9:34.31	6th	
Sun Angel Track Classic (4/11)	F	9:31.68	15th	
Double Dual (5/2)	F	9:30.72	5th	
DERRICK, Jardon				
<b>400m HURDLES</b> <i>Personal Best - 54.67</i>				
Baldy Castillo Invite (3/21)	F	55.56	14th	
ASU Invitational (3/28)	F	54.67	10th	
Sun Devil Invitational (4/25)	F	54.75	5th	
Double Dual (5/2)	F	54.87	5th	
DUNCAN, Marcus				
<b>100m DASH</b> <i>Personal Best - 10.41</i>				
Baldy Castillo Invite (3/21)	F	# 10.41 (+0.0)	1st	
Sun Angel Track Classic (4/11)	Inv	10.58 (+0.0)	7th	
Mt. SAC Relays (4/17)	Open	# 10.46 (+0.0)	3rd	
Double Dual (5/2)	F	10.60 (-0.2)	2nd	
<b>200m DASH</b> <i>Personal Best - 20.80</i>				
Baldy Castillo Invite (3/21)	F	# 20.80 (+0.0)	2nd	
ASU Invitational (3/28)	F	23.04 (+0.0)	36th	
Sun Angel Track Classic (4/11)	Inv	# 21.17 (+0.1)	8th	
Mt. SAC Relays (4/18)	OD	# 21.20 (+1.5)	6th	
Sun Devil Invitational (4/25)	F	# 21.21 (-0.1)	1st	

EGBORO, Jeremy				
<b>TRIPLE JUMP</b> <i>Personal Best - 14.83m (48-08.00)</i>				
Sun Angel Track Classic (4/11)	P	14.77m (48-05.50)(+1.7)	11th	
Sun Devil Invitational (4/25)	F	14.34m (47-00.75)(+0.3)	2nd	
ELSTON, Darryl				
<b>200m DASH</b> <i>Personal Best - 20.91</i>				
Sun Devil Invitational (4/25)	F	# 21.33 (-0.1)	3rd	
<b>400m HURDLES</b> <i>Personal Best - 52.19</i>				
ASU Invitational (3/28)	F	# 52.19	4th	
Sun Angel Track Classic (4/11)	Inv	52.65	8th	
ENGELHARDT, Ben				
<b>1,500m RUN</b> <i>Personal Best - 3:52.61</i>				
Baldy Castillo Invite (3/21)	F	3:52.61	7th	
<b>3,000m STEEPLECHASE</b> <i>Personal Best - 9:03.52</i>				
ASU Invitational (3/28)	F	# 9:03.52	2nd	
Double Dual (5/2)	F	9:20.19	3rd	
FAZIO, Joe				
<b>POLE VAULT</b> <i>Personal Best - 5.05m (16-06.75)</i>				
Baldy Castillo Invite (3/21)	F	4.95m (16-02.75)	t-5th	
ASU Invitational (3/28)	F	no height	--	
Sun Angel Track Classic (4/11)	F	4.90m (16-00.75)	7th	
Sun Devil Invitational (4/25)	F	4.90m (16-00.75)	4th	
Double Dual (5/2)	F	# 5.05m (16-06.75)	3rd	
FUGIT, Kyle				
<b>POLE VAULT</b> <i>Personal Best - 4.90m (16-00.75)</i>				
Baldy Castillo Invite (3/21)	F	4.70m (15-05.00)	13th	
ASU Invitational (3/28)	F	4.85m (15-11.00)	9th	
Sun Angel Track Classic (4/11)	F	4.60m (15-01.00)	t-12th	
Sun Devil Invitational (4/25)	F	4.30m (14-01.25)	13th	
Double Dual (5/2)	F	4.90m (16-00.75)	5th	
GRANT, Duggan				
<b>110m HURDLES</b> <i>Personal Best - 16.23</i>				
Double Dual (5/2)	F	16.23 (-0.4)	5th	
<b>POLE VAULT</b> <i>Personal Best - 4.75m (15-07.00)</i>				
Baldy Castillo Invite (3/21)	F	4.70m (15-05.00)	12th	
ASU Invitational (3/28)	F	no height	--	
Sun Angel Track Classic (4/11)	F	4.60m (15-01.00)	t-12th	
Sun Devil Invitational (4/25)	F	4.60m (15-01.00)	9th	
Double Dual (5/2)	F	4.75m (15-07.00)	6th	
<b>HIGH JUMP</b> <i>Personal Best - 1.90m (6-02.75)</i>				
Double Dual (5/2)	F	1.90m (6-02.75)	2nd	
HATCHER, Dylan				
<b>800m RUN</b> <i>Personal Best - 2:03.91</i>				
Double Dual (5/2)	F	2:03.91	4th	
<b>1,500m RUN</b> <i>Personal Best - 3:48.70</i>				
Sun Angel Track Classic (4/11)	'B'	3:56.82	17th	
Sun Devil Invitational (4/25)	F	3:54.53	4th	
Double Dual (5/2)	F	3:48.70	4th	
HELLER, Joey				
<b>1,500m RUN</b> <i>Personal Best - 3:48.75</i>				
Baldy Castillo Invite (3/21)	F	did not finish	--	
ASU Invitational (3/28)	F	3:59.02	22nd	
Sun Angel Track Classic (4/11)	'C'	3:56.48	17th	
Sun Devil Invitational (4/25)	F	4:11.00	15th	
Double Dual (5/2)	F	4:07.36	7th	
HELMER, Jeff				
<b>5,000m RUN</b> <i>Personal Best - 14:06.44</i>				
Payton Jordan Cardinal Inv. (5/2)	Sect3	# 14:08.00	11th	

# MEN'S OUTDOOR MEET-BY-MEET



HELVIG, Jeff				
HAMMER <i>Personal Best - 59.45m (195-00)</i>				
Baldy Castillo Invite (3/20)	F	# 57.86m (189-10)	5th	
ASU Invitational (3/27)	P	54.67m (179-04)	11th	
Sun Angel Track Classic (4/10)	P	foul	--	
UCSD Triton Invitational (4/25)	F	# 59.15m (194-01)	7th	
Double Dual (5/2)	F	# 57.93m (190-01)	4th	

SHOT PUT <i>Personal Best - 15.35m (50-04.50)</i>				
Double Dual (5/2)	F	15.35m (50-04.50)	4th	

HITCHCOCK, Kyle				
JAVELIN <i>Personal Best - 52.72m (172-11)</i>				
Baldy Castillo Invite (3/21)	P	50.23m (164-09)	11th	
ASU Invitational (3/28)	P	49.20m (161-05)	12th	
Sun Angel Track Classic (4/11)	P	no distance	--	
Sun Devil Invitational (4/25)	F	52.72m (172-11)	4th	
Double Dual (5/2)	F	51.43m (168-09)	3rd	

KLINE, John				
400m DASH <i>Personal Best - 48.63</i>				
Baldy Castillo Invite (3/21)	F	50.91	16th	
Sun Devil Invitational (4/25)	F	49.31	5th	
Double Dual (5/2)	F	48.63	4th	

KREMER, Justin				
400m DASH <i>Personal Best - 45.66</i>				
Sun Angel Track Classic (4/11)	Inv	# 46.91	6th	
Mt. SAC Relays (4/18)	Inv	48.90	8th	
Double Dual (5/2)	F	48.11	3rd	

LEWIS, Jason				
HAMMER <i>Personal Best - 68.15m (223-07)</i>				
ASU Invitational (3/27)	P	foul	--	
Sun Angel Track Classic (4/10)	F	# 68.15m (223-07)	2nd	
UCSD Triton Invitational (4/25)	F	# 62.19m (204-00)	5th	
Double Dual (5/2)	F	# 63.65m (208-10)	1st	

SHOT PUT <i>Personal Best - 18.55m (60-10.50)</i>				
Sun Angel Track Classic (4/11)	F	# 18.55m (60-10.50)	4th	

DISCUS <i>Personal Best - 58.62m (192-04)</i>				
ASU Invitational (3/28)	F	# 53.51m (175-07)	4th	
Sun Angel Track Classic (4/11)	Inv.	# 54.06m (177-04)	3rd	
UCSD Triton Invitational (4/25)	F	# 58.62m (192-04)	6th	
Double Dual (5/2)	F	# 58.40m (191-07)	2nd	

LOVELL, Daniel				
1,500m RUN <i>Personal Best - 3:53.81</i>				
ASU Invitational (3/28)	F	3:53.81	14th	
Sun Devil Invitational (4/25)	F	3:57.57	7th	
3,000m RUN <i>Personal Best - 8:28.91</i>				
Baldy Castillo Invite (3/21)	F	8:28.91	2nd	
5,000m RUN <i>Personal Best - 14:43.10</i>				
Sun Angel Track Classic (4/11)	F	14:43.10	14th	

McHENRY, Mason				
800m RUN <i>Personal Best - 1:48.25</i>				
ASU Invitational (3/28)	F	# 1:48.25	1st	
1,500m RUN <i>Personal Best - 3:48.01</i>				
Sun Angel Track Classic (4/11)	Inv	3:48.01	13th	

MEHLHORN, David				
1,500m RUN <i>Personal Best - 3:55.53</i>				
ASU Invitational (3/28)	F	3:55.53	17th	
3,000m STEEPLE <i>Personal Best - 8:58.30</i>				
Sun Angel Track Classic (4/11)	F	# 9:01.05	5th	
Double Dual (5/2)	F	# 9:04.34	1st	
3,000m RUN <i>Personal Best - 8:33.75</i>				
Baldy Castillo Invite (3/21)	F	8:33.75	6th	

MILLER, Ray				
200m DASH <i>Personal Best - dnf</i>				
Double Dual (5/2)	F	dnf	--	
400m DASH <i>Personal Best - 47.72</i>				
Sun Angel Track Classic (4/11)	F	48.84	14th	
Sun Devil Invitational (4/25)	F	48.42	4th	
Double Dual (5/2)	F	47.72	2nd	

MILLOY, Patrick				
1,500m RUN <i>Personal Best - 3:52.51</i>				
Baldy Castillo Invite (3/21)	F	3:58.18	15th	
ASU Invitational (3/28)	F	3:52.51	10th	
5,000m RUN <i>Personal Best - 14:13.23</i>				
Sun Angel Track Classic (4/11)	F	14:13.23	2nd	
Double Dual (5/2)	F	14:27.62	2nd	

PECK, Marc				
JAVELIN <i>Personal Best - 63.40m (208-00)</i>				
Baldy Castillo Invite (3/21)	F	59.34m (194-08)	7th	
ASU Invitational (3/28)	F	59.57m (195-05)	5th	
Sun Angel Track Classic (4/11)	P	59.62m (195-07)	12th	
Sun Devil Invitational (4/25)	F	58.50m (191-11)	3rd	
Double Dual (5/2)	F	# 63.40m (208-00)	1st	

PETERSEN, Thomas				
1,500m RUN <i>Personal Best - 3:59.57</i>				
ASU Invitational (3/28)	F	3:59.57	24th	
Sun Devil Invitational (4/25)	F	4:04.54	11th	

3,000m RUN <i>Personal Best - 8:29.03</i>				
Baldy Castillo Invite (3/21)	F	8:29.03	3rd	
5,000m RUN <i>Personal Best - 14:44.88</i>				
Sun Angel Track Classic (4/11)	F	14:45.18	15th	
Double Dual (5/2)	F	14:44.88	4th	

PHALLEN, Corey				
POLE VAULT <i>Personal Best - 5.15m (16-10.75)</i>				
Baldy Castillo Invite (3/21)	F	4.95m (16-02.75)	t-7th	
ASU Invitational (3/28)	F	# 5.15m (16-10.75)	2nd	
Sun Angel Track Classic (4/11)	Inv	4.90m (16-00.75)	8th	
Sun Devil Invitational (4/25)	F	# 5.05m (16-06.75)	2nd	
Double Dual (5/2)	F	# 5.05m (16-06.75)	2nd	



## SANDYS, Jamie

**DECATHLON** *Personal Best - 6,033 points*

Desert Multis (3/25-26) ^ 6,033 points 5th

**100m DASH** *PR (ALL/DEC) - 11.89 / 11.89*

Desert Multis (3/25) ^ 11.89 (+0.4) 6th

**110m HURDLES** *PR (ALL/DEC) - 15.64 / 15.83*

Baldy Castillo Invite (3/21) F 16.10 (+1.4) 16th  
Desert Multis (3/26) ^ 15.83 (+0.7) 3rd  
ASU Invitational (3/28) F 16.44 (-0.5) 16th  
Sun Angel Track Classic (4/11) F 15.64 (+0.9) 24th  
Sun Devil Invitational (4/25) F 15.98 (+1.3) 4th  
Double Dual (5/2) F 16.22 (-0.4) 4th

**400m DASH** *PR (ALL/DEC) - 52.57 / 52.57*

Desert Multis (3/25) ^ 52.57 6th

**1,500m RUN** *PR (ALL/DEC) - 4:59.43 / 4:59.43*

Desert Multis (3/25) ^ 11.89 (+0.4) 6th

**HIGH JUMP** *PR (ALL/DEC) - 1.82m / 1.82m*

Baldy Castillo Invite (3/21) F no height --  
Desert Multis (3/25) ^ 1.82m (5-11.50) 5th  
Sun Devil Invitational (4/25) F 1.80m (5-10.75) 4th  
Double Dual (5/2) F 1.80m (5-10.75) 3rd

**LONG JUMP** *PR (ALL/DEC) - 6.52m / 6.14m*

Baldy Castillo Invite (3/21) P w6.52m (21-04.75)(+3.2) 14th  
Desert Multis (3/25) ^ 6.14m (20-01.75)(+0.3) 8th  
ASU Invitational (3/28) P 6.15m (20-02.25)(-1.0) 15th  
Sun Angel Track Classic (4/11) P foul --  
Sun Devil Invitational (4/25) P 6.03m (19-09.50)(+1.2) 13th  
Double Dual (5/2) F 5.90m (19-04.25)(-0.9) 7th

**POLE VAULT** *PR (ALL/DEC) - 3.70m / 3.50m*

Desert Multis (3/26) ^ 3.50m (11-05.75) 6th  
Sun Devil Invitational (4/25) F 3.70m (12-01.50) 14th

**SHOT PUT** *PR (ALL/DEC) - 10.22m / 10.22m*

Baldy Castillo Invite (3/21) P 9.74m (31-11.50) 16th  
Desert Multis (3/25) ^ 10.22m (33-06.50) 8th

**DISCUS** *PR (ALL/DEC) - 35.07m / 33.04m*

Baldy Castillo Invite (3/21) P foul --  
Desert Multis (3/26) ^ 33.04m (111-00) 5th  
Sun Angel Track Classic (4/11) P 35.07m (115-01) 22nd  
Sun Devil Invitational (4/25) F 33.32m (109-04) 9th

**JAVELIN** *PR (ALL/DEC) - 43.03m / 42.06m*

Baldy Castillo Invite (3/21) P 43.03m (141-02) 19th  
Desert Multis (3/26) ^ 42.06m (138-00) 7th  
Sun Angel Track Classic (4/11) P no distance --

## SPEED, Adrian

**TRIPLE JUMP** *Personal Best - 14.16m (46-05.50)*

Baldy Castillo Invite (3/21) F 13.73m (45-00.50)(+0.6) 8th  
ASU Invitational (3/28) F 13.74m (45-01.00)(+0.0) 7th  
Sun Devil Invitational (4/25) F 13.93m (45-08.50)(+0.3) 4th  
Double Dual (5/2) F 14.16m (46-05.50)(+1.3) 3rd

**LONG JUMP** *Personal Best - x*

Double Dual (5/2) F 6.49m (21-03.50)(+0.8) 6th

## STOKES, Michael

**LONG JUMP** *Personal Best - 6.73m (22-01.00)*

ASU Invitational (3/28) P 6.21m (20-04.50)(+0.9) 14th  
Sun Angel Track Classic (4/11) F w6.92m (22-08.50)(+3.8) 5th  
Sun Devil Invitational (4/25) F 6.73m (22-01.00)(-0.4) 4th  
Double Dual (5/2) F 7.06m (23-02.00)(-1.1) 3rd

## TRICE, Lawrence

**100m DASH** *Personal Best - 10.72*

Double Dual (5/2) F 10.72 (+0.0) 3rd

**200m DASH** *Personal Best - 21.59*

Double Dual (5/2) F 21.59 (+0.2) 3rd

**400m DASH** *Personal Best - 48.41*

Baldy Castillo Invite (3/21) F 48.68 11th  
ASU Invitational (3/28) F 48.41 14th

## WENTZ, Alexander

**DECATHLON** *Personal Best - 5,072 points*

Jim Click Multis (4/2-3) ^ 5,072 points 11th

**100m DASH** *PR (ALL/DEC) - 11.73 / 11.73*

Jim Click Multis (4/2) ^ 11.73 (+0.0) t-10th

**110m HURDLES** *PR (ALL/DEC) - 19.01 / 19.01*

Jim Click Multis (4/3) ^ 19.01 (+2.1) 12th  
Double Dual (5/2) F 20.39 (-0.4) 8th

**400m DASH** *PR (ALL/DEC) - 52.76 / 52.76*

Jim Click Multis (4/2) ^ 52.76 10th

**1,500m RUN** *PR (ALL/DEC) - 4:42.81 / 4:42.81*

Jim Click Multis (4/3) ^ 4:42.81 1st

**HIGH JUMP** *PR (ALL/DEC) - 1.75m / 1.75m*

Jim Click Multis (4/2) ^ 1.75m (5-08.75) t-11th  
Double Dual (5/2) F 1.65m (5-05.00) 5th

**POLE VAULT** *PR (ALL/DEC) - NH / NH*

Jim Click Multis (4/3) ^ no height --  
Sun Angel Track Classic (4/11) F no height --  
Sun Devil Invitational (4/25) F no height --

**LONG JUMP** *PR (ALL/DEC) - 6.31m / 6.31m*

ASU Invitational (3/28) P 5.99m (19-08.00)(-2.0) 17th  
Jim Click Multis (4/2) ^ 6.31m (20-08.50)(+1.1) 10th  
Sun Devil Invitational (4/25) P 6.08m (19-11.50)(+0.5) 12th

**SHOT PUT** *PR (ALL/DEC) - 10.45m / 10.20m*

Baldy Castillo Invite (3/21) P 10.45m (34-03.50) 15th  
ASU Invitational (3/28) P 10.15m (33-03.75) 18th  
Jim Click Multis (4/2) ^ 10.20m (33-05.75) 12th

**DISCUS** *PR (ALL/DEC) - 29.22m / 27.71m*

ASU Invitational (3/28) P 29.22m (95-10) 31st  
Jim Click Multis (4/3) ^ 27.71m (90-11) 12th

**JAVELIN** *PR (ALL/DEC) - 45.73m (150-00)*

Baldy Castillo Invite (3/21) P 45.73m (150-00) 14th  
ASU Invitational (3/28) P 45.22m (148-04) 14th  
Jim Click Multis (4/3) ^ 38.63m (126-08) 12th

## TRICE, Lawrence

**100m DASH** *Personal Best - 10.68*

Mt. SAC Relays (4/17) Open 10.68 (+0.0) 11th

**200m DASH** *Personal Best - 21.52*

Mt. SAC Relays (4/17) Open 21.52 (+1.5) 8th  
Sun Devil Invitational (4/25) F 21.62 (-0.1) 5th

**400m DASH** *Personal Best - 59.57m (195-05)*

ASU Invitational (3/28) F 59.57m (195-05) 5th

## WESTON, Clif

**JAVELIN** *Personal Best - 61.05m (200-03)*

ASU Invitational (3/28) F 59.57m (195-05) 5th  
Sun Angel Track Classic (4/11) P 55.28m (181-04) 20th  
Sun Devil Invitational (4/25) F 61.05m (200-03) 2nd  
Double Dual (5/2) F 59.86m (196-05) 2nd

## WHITING, Ryan

**SHOT PUT** *Personal Best - 20.60m (67-07.00)*

Sun Angel Track Classic (4/11) F # 19.61m (64-04.00) 1st  
Double Dual (5/2) F # 20.41m (66-11.50) 1st

**DISCUS** *Personal Best - 61.11m (200-06)*

Baldy Castillo Invite (3/21) F # 59.13m (194-00) 5th  
ASU Invitational (3/28) F # 60.73m (199-03) 1st  
Sun Angel Track Classic (4/11) Inv # 58.04m (190-05) 1st  
Double Dual (5/2) F # 60.32m (197-11) 1st

**HAMMER** *Personal Best - 55.80m (183-01)*

ASU Invitational (3/28) F 55.75m (182-11) 10th  
Sun Angel Track Classic (4/10) P 55.80m (183-01) 15th  
Double Dual (5/2) F 54.28m (178-01) 7th

# MEN'S OUTDOOR MEET-BY-MEET



## WILLIAMS, Bryan

<b>100m DASH</b>				<i>Personal Best - 10.73</i>
Baldy Castillo Invite (3/21)	F	11.10 (+0.1)	11th	
ASU Invitational (3/28)	F	10.81 (+0.0)	5th	
Sun Angel Track Classic (4/11)	F	10.94 (+1.6)	15th	
Sun Devil Invitational (4/25)	F	11.03 (+0.0)	4th	
<b>200m DASH</b>				<i>Personal Best - 21.43</i>
Baldy Castillo Invite (3/21)	F	21.83 (+0.0)	9th	
ASU Invitational (3/28)	F	21.57 (+0.0)	9th	
Sun Angel Track Classic (4/11)	F	21.85 (+1.2)	9th	
Sun Devil Invitational (4/25)	F	22.34 (-0.1)	8th	

## 4x100m RELAY

<b>Arizona State 'A' - C. Abram, R. Miller, A. Battle, M. Duncan</b>			
Baldy Castillo Invite (3/21)	F	did not finish	--
Double Dual (5/2)	F	# 40.31	1st
<b>Arizona State 'B' - B. Williams, A. Battle, D. Elston, M. Duncan</b>			
ASU Invitational (3/28)	F	# 39.79	1st
Mt. SAC Relays (4/18)	Inv	# 40.25	5th
<b>Arizona State 'C' - L. Trice, A. Battle, D. Elston, M. Duncan</b>			
Sun Angel Track Classic (4/11)	F	# 39.83	2nd
Sun Devil Invitational (4/25)	F	40.75	1st

## 4x400m RELAY

<b>Arizona State 'A' - D. Elston, R. Miller, J. Kline, K. Kremer</b>			
Baldy Castillo Invite (3/21)	F	3:14.04	3rd
Mt. SAC Relays (4/18)	Inv	3:09.xx	2nd
<b>Arizona State 'B' - A. Battle, I. Caracciolo, M. McHenry, N. Barbosa</b>			
Baldy Castillo Invite (3/21)	F	3:20.69	8th
<b>Arizona State 'C' - D. Elston, J. Kremer, R. Miller, M. McHenry</b>			
ASU Invitational (3/28)	F	# 3:08.52	3rd
<b>Arizona State 'D' - B. Williams, I. Caracciolo, J. Derrick, A. Wentz</b>			
ASU Invitational (3/28)	F	3:21.56	11th
<b>Arizona State 'E' - D. Elston, J. Kremer, L. Trice, A. Battle</b>			
Sun Angel Track Classic (4/11)	F	# 3:09.83	3rd
<b>Arizona State 'F' - I. Caracciolo, L. Trice, J. Kline, R. Miller</b>			
Sun Devil Invitational (4/25)	F	3:14.95	1st
<b>Arizona State 'G' - I. Caracciolo, L. Trice, J. Kline, A. Battle</b>			
Double Dual (5/2)	F	3:10.25	1st

100m DASH			
1.	<b>Charonda Williams</b>	<b>2009</b>	<b>n 11.29</b>
2.	Sharon Ware	1983	11.33
3.	Dawnyell Linder	1998	11.39
4.	Lynda Tolbert	1988	n 11.41
5.	Porchea Carroll	2005	n 11.44
	Lesa Parker	1994	11.44
7.	Val Boyer	1979	n 11.46
8.	Maicel Malone	1991	11.47
9.	Tiffany Greer	2001	n 11.53
10.	<b>Dominique' Maloy</b>	<b>2008</b>	<b>n 11.60</b>
	Teri Chapple-Sheppard	1983	n 11.60

100m HURDLES			
1.	Lynda Tolbert	1989	12.75
2.	Ime Akpan	1992	n 13.03
3.	Jacquelyn Johnson	2008	^wn 13.12
4.	LaShawn Simmons	1992	n 13.23
5.	Seneca Holmes	2003	n 13.31
6.	Gea Johnson	1990	n 13.35
7.	Brenda Calhoun	1981	13.47
8.	Rhonda Brady (13.3m)	1978	+ 13.54
9.	<b>Jasmine Chaney</b>	<b>2009</b>	<b>13.61</b>
10.	Tesra Bester	1992	n 13.64

200m DASH			
1.	<b>Charonda Williams</b>	<b>2009</b>	<b>n 22.82</b>
2.	Maicel Malone	1991	22.91
3.	Avia Morgan	1995	23.05
4.	Porchea Carroll	2005	nw 23.22
5.	Kandace Tucker	2004	n 23.27
6.	<b>Dominique' Maloy</b>	<b>2008</b>	<b>n 23.28</b>
7.	Val Boyer	1980	n 23.36
8.	Freida Cobbs	1979	n 23.41
9.	Dawnyell Linder	1998	23.42
10.	Renaye Bowen	1977	+ 23.54

400m DASH			
1.	Maicel Malone	1991	50.33
2.	Cassandra Reed	2004	51.67
3.	Shanequa Campbell	1993	n 51.77
4.	Latosha Wallace	2007	51.97
5.	Omolade Akinremi	1993	52.24
6.	Toinette Holmes	1990	n 52.30
7.	Omotayo Akinremi	1993	n 52.43
8.	Avia Morgan	1995	52.58
9.	Joronda White	1999	52.76
	Jacqueline Gayle	1994	52.76

400m HURDLES			
1.	Omolade Akinremi	1995	55.44
2.	Latosha Wallace [N#4]	2007	n 56.35
3.	Tracey Mattes	1992	56.54
4.	Omotayo Akinremi	1993	56.86
5.	Candida Coulson	2001	n 58.31
6.	<b>Jasmine Chaney</b>	<b>2009</b>	<b>58.57</b>
7.	Denise Waddy	1978	58.62
8.	Christy Akinremi	1993	n 59.37
9.	Karen Vigilant	1997	n 59.52
10.	<b>Kayla Sanchez</b>	<b>2009</b>	<b>n 59.80</b>

800m DASH			
1.	Kim Toney	1993	n 2:03.23
2.	Lorrieann Adams	1996	2:03.60
3.	Janice Nichols	1994	2:04.11
4.	Sharette Garcia	1992	2:05.33
5.	Jacqueline Gayle	1994	2:05.92
6.	Mette Berger	1984	2:07.28
7.	Priscilla Hein	1999	2:07.78
8.	Michelle Harper	1987	n 2:08.02
9.	D'Metra Macedon	2007	n 2:08.15
10.	Sandy Beach	1983	2:08.40

1,500m RUN			
1.	Priscilla Hein	1999	4:17.98
2.	Lisa Aguilera	2001	n 4:19.16
3.	Rachel Ellison	2005	n 4:19.62
4.	Kim Toney	1993	4:20.69
5.	Amy Hastings	2004	n 4:21.73
6.	Kelly MacDonald	2001	n 4:22.72
7.	Michelle Harper	1987	+ 4:22.74
8.	Julie Seleine	1984	4:23.60
9.	<b>Kari Hardt</b>	<b>2008</b>	<b>n 4:24.51</b>
10.	Jessie McLaughlin	2006	n 4:25.07

3,000m RUN			
1.	Lynn Nelson	1984	9:09.76
2.	Sabrina Peters-Stern	1983	9:19.20
3.	Kelly MacDonald	2000	n 9:20.12
4.	Kathy Mintie	1979	9:23.90
5.	Lisa Aguilera	2000	n 9:29.63
6.	Teresa Barrios	1986	9:31.76
7.	Priscilla Hein	1999	9:31.80
8.	Laura LaMena	1987	n 9:33.73
9.	Julie Seliene	1985	9:37.17
10.	Dawn Arrigoni	1988	n 9:38.24

3,000m STEEPLECHASE			
1.	Lisa Aguilera	2003	9:46.43
2.	Kelly MacDonald	2001	n 9:55.49
3.	Brooke Bennett	2007	n 10:08.47
4.	Amy Hastings	2004	n 10:17.67
5.	Anna Masinelli	2005	10:23.27
6.	Corey Randall	2006	n 10:23.71
7.	Cody Sohn	2001	n 10:27.83
8.	<b>Angela Spadafino</b>	<b>2009</b>	<b>n 10:32.56</b>
9.	<b>Kauren Tarver</b>	<b>2009</b>	<b>n 10:45.94</b>
10.	Liz Lindgren	2004	n 10:47.26

5,000m RUN			
1.	Victoria Jackson	2006	n 15:49.03
2.	Amy Hastings	2007	n 15:50.19
3.	Kelly MacDonald	2000	n 15:53.28
4.	Lisa Aguilera	2002	n 15:57.37
5.	Lynn Nelson	1984	15:58.57
6.	<b>Jenna Kingma</b>	<b>2006</b>	<b>n 15:59.15</b>
7.	Brianna Torres	2002	n 16:13.79
8.	Kathy Mintie	1979	n 16:16.80
9.	<b>Ali Kielty</b>	<b>2008</b>	<b>n 16:17.04</b>
10.	Desiree Davila	2003	n 16:17.45

10,000m RUN			
1.	Amy Hastings	2007	n 32:30.37
2.	Victoria Jackson [N#1]	2006	32:54.72
3.	Laura LaMena	1988	n 33:45.00
4.	Mary Duerbeck	2001	n 33:53.52
5.	<b>Ali Kielty</b>	<b>2009</b>	<b>n 33:56.97</b>
6.	Lynn Nelson	1984	34:24.90
7.	Maria Trujillo	1981	34:26.50
8.	Kelly Cordell	1992	n 34:24.00
9.	Cassie Rios	2006	n 25:17.74
10.	Amy Komitzky	1989	n 35:24.30

LONG JUMP			
1.	Jacinta Bartholomew	'89	6.62 21-08.75
2.	Tiffany Greer	'02	n 6.48 21-03.25
3.	Valerie Williams	'01	6.46 21-02.50
4.	Jacquelyn Johnson	'08	^nw 6.45 21-02.00
5.	Tesra Bester	'92	6.43 21-01.50
6.	Anna Van	'84	6.38 20-11.25
7.	<b>Stephanie Garnett</b>	<b>'08</b>	<b>6.37 20-10.75</b>
	Rhonda Paine	'83	6.37 20-10.75
9.	Lisa Hale	'92	6.36 20-10.50
	Sharesa Turner	'01	n 6.36 20-10.50

TRIPLE JUMP			
1.	Valerie Williams	'00	12.84 42-01.50
2.	Erika Johnson	'00	12.57 41-03.00
3.	Anna Van	'84	12.37 40-07.25
4.	Giannina Re	'95	12.34 40-06.00
5.	Adra Hysong	'95	12.09 39-08.00
6.	Tesra Bester	'91	n 11.91 39-01.00
7.	Nadia Matthews	'06	n 11.90 39-00.50
8.	Fiona Daly	'98	11.82 38-09.50
9.	Tamara Espinoza	'99	11.79 38-09.25
10.	Lennon Gardner	'88	11.77 38-07.50

HIGH JUMP			
1.	Coleen Rienstra	'80	1.93 6-04.00
2.	Fiona Daly	'98	1.88 6-02.00
3.	Shelly Choppa	'93	1.83 6-00.00
	Jackie Belzner	'88	1.83 6-00.00
5.	Jacquelyn Johnson	'08	1.81 5-11.25
6.	Gea Johnson	'90	n 1.79 5-10.25
7.	5 Tied at ...		1.75 5-08.75
Tana Tate (1984), Dana Collins (1978), Monique Donithan, (1978), Jodi Smith (2002) and Olivia Mazzaglia (2002)			

POLE VAULT			
1.	April Kubishta	'08	4.32 14-02.00
2.	Angela Tavarides	'05	n 4.10 13-05.25
3.	<b>Cara Carpenter</b>	<b>'09</b>	<b>n 4.00 13-01.50</b>
	Alana Waterford	'08	n 4.00 13-01.50
5.	Cara Walker	'05	n 3.81 12-06.00
6.	<b>Stacy Orosz</b>	<b>'09</b>	<b>n 3.70 12-01.50</b>
	Angela Piana	'07	n 3.70 12-01.50
8.	<b>Lisa Navarro</b>	<b>'09</b>	<b>n 3.55 11-07.75</b>
9.	Olivia Mazzaglia	'00	3.51 11-06.25
10.	Carly Gietler	'06	n 3.50 11-05.75
	Alycia Wade	'08	n 3.40 11-01.75
	Kristi Raban	'04	n 3.40 11-01.75

SHOT PUT			
1.	Jessica Pressley	'08	18.79 61-07.75
2.	<b>Sarah Stevens</b>	<b>'07</b>	<b>n 18.40 60-04.50</b>
3.	Leslie Deniz	'83	17.03 55-10.50
4.	Natalie Kaaiawahia	'84	16.79 55-01.25
5.	Julia Pedersen	'05	n 16.56 54-04.00
6.	Ria Stalman	'81	n 15.98 52-02.25
7.	Adrienne Judie	'00	15.89 52-01.75
8.	Jennifer Kowacz	'04	n 15.64 51-03.75
9.	Jennifer Lemke	'83	15.63 51-03.25
10.	Tai Battle	'08	n 15.22 49-11.25

DISCUS			
1.	Leslie Deniz	'83	64.94 213-01
2.	Ria Stalman	'81	n 62.30 204-05
3.	<b>Sarah Stevens</b>	<b>'07</b>	<b>57.73 189-05</b>
4.	Tai Battle	'08	^n 56.33 184-10
5.	Jessica Pressley	'06	n 56.18 184-04
6.	Sandra Orsund	'03	n 55.76 182-11
7.	Julia Pedersen	'05	n 55.58 182-04
8.	Natalie Kaaiawahia	'84	54.76 179-08
9.	Julie Cart	'80	n 52.04 170-09
10.	<b>Cj Navarro</b>	<b>'09</b>	<b>n 50.85 166-10</b>

JAVELIN (new style, 1999-present)			
1.	Jacquelyn Johnson	'08	n 48.58 159-04
2.	<b>Addison McGrath</b>	<b>'08</b>	<b>n 46.77 153-05</b>
3.	<b>Lissa Regets</b>	<b>'07</b>	<b>n 45.59 149-07</b>
4.	Becky Holley	'05	n 45.54 149-05
5.	Jana Pintz	'04	n 44.14 144-10
6.	<b>Erika Simington</b>	<b>'09</b>	<b>n 43.29 142-00</b>
7.	Savannah Swisher	'05	n 40.46 132-09
8.	Elizabeth Arollo	'01	n 40.24 132-00
9.	Stacy Perrault	'04	n 37.46 122-11
10.	<b>Stephanie Garnett</b>	<b>'09</b>	<b>n 36.90 121-01</b>

HAMMER			
1.	Jessica Pressley	'08	68.31 224-01
2.	<b>Sarah Stevens</b>	<b>'08</b>	<b>n 66.52 218-03</b>
3.	Tai Battle	'08	n 63.18 207-03
4.	Jennifer Kowacz	'05	n 58.53 192-00
5.	Adrienne Judie	'01	58.10 190-07
6.	Sandra Orsund	'03	55.15 180-11
7.	Sara Shisslak	'06	n 53.69 176-02
8.	Jenae Sonne	'03	n 51.26 168-02
9.	Yolanda Meservey	'01	n 49.96 163-11
10.	<b>Cj Navarro</b>	<b>'09</b>	<b>n 49.62 162-10</b>

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**bold names indicate athletes returning for the 2008 season**



# MEN'S OUTDOOR RECORD BOOK



## 100m DASH

1. Marcus Brunson	2001	10.10
2. Ron Brown	1981	n 10.15
3. Dwayne Evans	1981	10.20
4. Kenny Robinson	1985	10.23
5. Charlie Wells (10.0m)	1975	h 10.24
6. Walter Haywood	1983	10.26
7. Dwight Phillips	2000	10.28
8. Seth Amoo	2004	n 10.30
9. Jerry Bright (9.47y)	1967	n + 10.32
10. LaMonte King	1982	10.33

## 110m HURDLES

1. Andrew Parker	1987	n 13.51
2. Gary Burl	1976	13.57
3. John Lehnstrom	1982	n 13.59
4. Rick Walker	1977	n 13.73
5. Tony Galaviz	2002	13.75
6. Mark Boyd	1986	n 13.80
7. Gaute Gundersen	1996	13.95
8. Fair Hooker (13.8y)	1968	h + 14.04
9. Mike Cox	1981	14.06
James Liddell	1988	14.06

## 200m DASH

1. Jerry Bright	1968	n 20.29
2. Henry Carr	1964	20.33
3. Dwayne Evans	1981	n 20.34
4. Seth Amoo	2005	n 20.36
LaMonte King	1981	20.36
6. Marcus Brunson	2001	20.37
7. Tony Darden	1978	n 20.48
8. Gerald Burl	1977	n 20.57
9. Howard Henley	1982	20.58
10. Lewis Banda	2004	n 20.59

## 400m DASH

1. Ron Freeman II	1968	n 44.41
2. Lewis Banda	2004	44.58
3. Jason Barton	2004	n 44.82
4. Maurice Peoples (45.11y)	1973	+ 44.85
5. Howard Henley	1981	44.92
6. Herman Frazier	1976	n 44.95
7. Ullis Williams	1964	h 45.14
8. Domenik Peterson	2005	n 45.15
9. Joel Phillip	2008	n 45.29
10. Henry Carr	1963	h 45.49

## 400m HURDLES

1. Gordon Bugg	1988	n 49.30
2. Rick Walker	1977	n 49.36
3. Robert Rucker	1991	49.54
4. John Lehnstrom	1982	n 49.69
5. Francois Aumas (50.08y)	1976	h 49.82
6. Mark Boyd	1986	50.91
7. Marquis Profit	2008	n 51.12
8. Dick Miller (51.4y)	1966	h + 51.24
9. Joel Phillip	2008	n 51.44
10. Konrad Krajewski	1980	51.62

## 800m DASH

1. Pete Richardson	1984	1:46.95
2. Eddie Davis	1983	1:47.73
3. Vondre Armour	1995	1:48.08
4. Jim McCreery	1993	1:48.19
Mike Schwarz	1983	1:48.19
6. Mason McHenry	2009	1:48.25
7. Chuck LaBenz (1:48.9y)	1970	+ 1:48.27
8. Pete Quinonez	1982	1:48.47
9. Clevon Clair	1994	1:48.48
10. Nectaly Barbosa	2008	1:48.83

## 1,500m RUN

1. Chuck LaBenz	1970	3:40.70
2. Brandon Strong	2002	3:41.42
3. Aaron Aguayo <i>mile conversion</i>	2007	3:42.14
4. Brandon Bethke	2009	n 3:42.82
5. Larry Lawson	1974	n 3:43.00
6. Mike Stahr	1985	n 3:43.06
7. Ray Wicksell	1979	3:43.20
8. Kyle Alcorn	2008	^n 3:43.78
9. Dan Raby	1982	3:44.07
10. Todd Lewis	1992	3:44.09

## MILE RUN

1. Chuck LaBenz	1970	3:56.90
2. Aaron Aguayo	2007	n 4:00.14
3. Larry Lawson	1974	n 4:00.60
Jeff Smith	1988	n 4:00.60
5. Mark Rafferty	1974	n 4:01.00
6. Ray Wicksell	1978	4:02.90
7. Alex Henderson	1958	4:03.10
8. Ed Zuck	1974	n 4:03.30
9. Louis Scott	1964	n 4:04.90
10. Manual Quintanar	1969	4:05.80

## 3,000m STEEPLECHASE

1. Aaron Aguayo	2007	^n 8:20.34
2. Kyle Alcorn	2008	^n 8:21.46
3. Ryan Warrenburg	2006	n 8:39.01
4. Todd Lewis	1992	n 8:39.19
5. Erin Scroggins	1993	n h 8:45.24
6. Jeremy Rasmussen	2000	8:49.23
7. Chuck Schwarz	1983	8:54.54
8. Kris Alexander	2003	n 8:55.35
9. Mike Scannell	1985	8:55.49
10. Andy Carusetta	1996	8:56.74

## 5,000m RUN

1. Brandon Bethke	2009	n 13:27.79
2. Aaron Aguayo	2007	n 13:37.71
3. Ryan Warrenburg	2006	n 13:43.29
4. Todd Lewis	1990	n 13:51.40
5. Fasil Bizuneh	2002	n 13:51.88
6. Isaiah Festa	2000	n 13:54.20
7. Louis Scott (13:12.4y)	1967	+ 13:54.90
8. Juan Reyes	2002	n 13:54.92
9. Kyle Alcorn	2007	n 13:55.17
10. Velibor Radejovic	2005	n 13:56.15

## 10,000m RUN

1. Fasil Bizuneh	2002	n 28:46.88
2. Casey Burchill	2005	n 28:54.63
3. Jerry Jobski (28:17.0y)	1969	+ 29:18.00
4. Matt Repak	1998	29:28.31
5. Dan Fisher	1984	n 30:20.21
6. Juan Reyes	2004	n 30:30.85
7. Jeff Helmer	2008	n 30:36.58
8. J.J. Duke	2004	n 30:39.81
9. Fred Herlitz	1986	n 30:53.00
10. Patrick Milloy	2008	n 31:25.42

## LONG JUMP

1. Dwight Phillips	'00	8.21	26-11.25
2. Trevell Quinley	'05	8.17	26-09.75
3. Kenny Frazier	'84	8.14	26-08.50
4. Matt Turner	'08	^n 8.12	26-07.75
5. LaMonte King	'81	7.99	26-02.50
6. Dannie Jackson	'77	n 7.94	26-00.75
7. Sidney Mitchell	'79	7.94	26-00.75
8. Deon Mayfield	'84	7.86	25-09.75
9. Darryl Hughes	'75	7.81	25-07.50
10. Walter Haywood	'82	7.78	25-06.25

## TRIPLE JUMP

1. Deon Mayfield	'82	16.72	54-10.25
2. Dwight Phillips	'99	n 16.41	53-10.25
3. Kenny Frazier	'84	16.35	53-07.75
4. Chris DeFrance	'78	n 16.27	53-04.50
5. Ryan Zimmerman	'06	w 16.23	53-03.00
6. Ken McClendon	'79	n 16.16	53-00.25
7. Brian Ellis	'92	w 16.14	52-11.75
8. Trevor Hall	'74	15.92	52-03.00
9. Lenny McGill	'91	n 15.83	51-11.25
10. Maurice Peoples	'72	n 15.80	51-10.00

## HIGH JUMP

1. Kyle Arney	'77	2.29	7-6.00
2. Gabe Beechum	'92	n 2.27	7-5.25
3. Ron Kamaka	'84	2.22	7-3.50
4. Matt Turner	'07	2.21	7-3.00
Deon Mayfield	'82	2.21	7-3.00
Paul Underwood	'74	2.21	7-3.00
7. Joey Johnson	'88	n 2.20	7-2.50
8. Coart Owens	'79	2.18	7-2.00
Barry Shephard	'70	2.18	7-2.00
10. Matt Barney	'77	n 2.16	7-1.00

## POLE VAULT

1. Nick Hysong	'94	5.70	18-08.25
2. Brandon Glenn	'06	n 5.30	17-04.50
Steve Tully	'84	5.30	17-04.75
4. Ralph Haynie	'77	5.24	17-02.25
5. Mark Herman	'76	5.235	17-02.00
6. Mark Gersten	'88	5.20	17-00.75
7. Rick Rogers	'87	5.18	17-00.00
8. Stephen Dolk	'04	n 5.17	16-11.50
9. Corey Phallen	'09	n 5.15	16-11.50
10. Ron Barlea/Mike Mason	'80	5.08	16-08.00

## SHOT PUT

1. Gary Williky	'82	20.78	68-02.50
2. Ryan Whiting	'08	20.60	67-07.00
3. Shane Collins	'90	20.20	66-03.25
4. Jim Camp	'86	19.95	65-05.50
5. Ron Semkiw	'73	19.68	64-06.25
6. Bruce Heide	'80	19.41	63-08.25
7. Vince Mosca	'03	n 19.33	63-05.00
8. David Wood	'01	19.06	62-06.50
9. Jon Cole	'66	18.88	61-11.50
10. Dennis Black	'92	18.85	61-10.25

## DISCUS

1. Gary Williky	'82	62.02	203-06
2. Ryan Whiting	'08	n 61.11	200-06
3. Jon Cole	'66	60.78	199-05
4. Scott Hersh	'79	n 58.88	193-02
5. Jason Lewis	'09	n 58.62	192-04
6. Jay Pushkin	'77	n 57.56	188-10
7. Eric Logvin	'01	n 57.40	188-04
8. Tomas Navarro	'08	n 57.02	187-01
David Wood	'01	n 57.02	187-01
10. Jesus Ortiz	'68	56.00	183-09

## JAVELIN (new style, 1999-present)

1. Pal Arne Fagernes	'96	80.96	265-07
2. Charlie Cohen	'95	72.58	238-01
3. Brad Roth	'08	n 72.24	237-00
4. Andrew Smith	'07	n 70.59	231-07
5. Jared Schrieber	'98	70.02	229-09
6. Dave Barila	'88	69.84	229-01
7. Bobby Raines	'02	n 65.67	215-05
8. Scott Shill	'87	64.88	212-10
9. Mike Rivers	'02	n 64.65	212-01
10. J. Zapustas/S. Bryant	91/86	n 64.64	212-01

## HAMMER

1. Mika Laiho	'98	72.26	237-01
2. Jason Lewis	'09	n 68.15	223-07
3. Dave Ryer	'86	n 63.50	208-09
4. Tomas Navarro	'08	n 62.55	205-02
5. Terry Payne	'86	61.30	201-01
6. Travis Jones	'05	n 60.21	199-05
7. Jeff Helwig	'08	n 59.45	195-00
8. David Bickel	'88	57.58	188-11
9. Don Kralovetz	'90	56.96	186-11
10. Andrew Smith	'07	n 56.71	186-01

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# RELAY & MULTI-EVENT RECORD BOOKS

## WOMEN'S 4x100m RELAY

1.	Lynda Tolbert, Maicel Malone, Tamika Foster, Jacinta Bartholomew	1988	43.58
2.	<b>Dominique' Maloy, Shaunte' Elcock, Jasmine Chaney, Charonda Williams</b>	<b>2009</b>	<b>n 43.92</b>
3.	Porchea Carroll, Kandace Tucker, Christina Hardeman, Cassandra Reed	2005	44.05
4.	Omotayo Akinremi, Christie Akinremi, Lesa Parker, Tika Walton	1994	+ 44.24
5.	Porchea Carroll, Tiffany Greer, Cassandra Reed, Kandace Tucker	2003	44.27
6.	Porchea Carroll, Cassandra Reed, Marcia Smith, Kandace Tucker	2004	44.31
7.	<b>Kayla Sanchez, Shaunte' Elcock, Jasmine Chaney, Charonda Williams</b>	<b>2009</b>	<b>n 44.38</b>
8.	Dominique' Maloy, Jordan Durham, Stephanie Garnett, Charonda Williams	2008	44.48
9.	Tike Jackson, Sanoma Nickson, Adra Hysong, Tika Walton	1996	44.50
10.	Omolade Akinremi, Lesa Parker, Christie Akinremi, Shanequa Campbell	1993	44.59

## WOMEN'S 4x400m RELAY

1.	Omotayo Akinremi, Jacqueline Gayle, Avia Morgan, Omolade Akinremi	1995	3:29.45
2.	Jacqueline Gayle, Omotayo Akinremi, Omolade Akinremi, Shanequa Campbell	1994	3:29.77
3.	Toinette Holmes, Maicel Malone, Jacinta Bartholomew, Tamika Foster	1988	3:29.95
4.	Toinette Holmes, Dana Jones, Charmaine Williams, Maicel Malone	1990	3:30.26
5.	Shanequa Campbell, Janice Nichols, Omotayo Akinremi, Omolade Akinremi	1993	n 3:30.43
6.	Shanequa Campbell, Kim Toney, Omotayo Akinremi, Omolade Akinremi	1993	n 3:30.47
7.	<b>Dominique' Maloy, Shaunte' Elcock, Jordan Durham, Jeavon Benjamin</b>	2008	n 3:31.74
8.	Bridgette Williams, <b>Shaunte' Elcock</b> , Jordan Durham, Latosha Wallace	2007	n 3:31.76
9.	Cassandra Reed, Kandace Tucker, Seneca Holmes, Joni Smith [N#6]	2003	n 3:33.04
10.	Bridgette Williams, Christina Hardeman, Jacquelyn Johnson, Latosha Wallace	2006	n 3:33.23

## MEN'S 4x100m RELAY

1.	Steven Koehnemann, Domenik Peterson, Seth Amoo, Kelvin Love Jr.	2005	38.71
2.	Ron Brown, LaMonte King, Greg Moore, Dwayne Evans	1979	38.78
3.	Steven Koehnemann, Domenik Peterson, Seth Amoo, Lewis Banda	2004	38.92
4.	Howard Henley, LaMonte King, Willie Jones, Ron Brown	1982	38.93
5.	Charlie Wells, Steven Williams, Carl McCullough, Herman Frazier (39.19y)	1975	+ 38.96
6.	Dwight Phillips, Tony Berrian, Jim McGee, Marcus Brunson	2000	39.01
7.	Greg Moore, LaMonte King, Willie Jones, Dwayne Evans	1981	39.05
8.	Steven Williams, Tony Darden, Gerald Burl, Herman Frazier (39.29y)	1977	+ 39.06
	Leon Tubbs, Willie Jones, Walter Haywood, Howard Henley	1982	39.06

## MEN'S 4x400m RELAY

1.	Rich Allen, Seth Amoo, Domenik Peterson, Lewis Banda [N#2]	2005	n 3:00.57
2.	Steve Fitch, Seth Amoo, Domenik Peterson, Jason Barton	2004	3:01.26
3.	Steve Fitch, Domenik Peterson, Jason Barton, Lewis Banda	2004	n 3:01.51
4.	Clifton McKenzie, Gerald Burl, Tony Darden, Herman Frazier	1977	+ 3:01.74
5.	Lewis Banda, Seth Amoo, Domenik Peterson, Jason Barton	2004	3:01.77
6.	Jason Barton, Seth Amoo, Steve Fitch, Lewis Banda	2003	3:02.81
7.	Michael Campbell, Marcus Brunson, Pete Lopez, Tony Berrian	2001	n 3:02.89
8.	Michael Campbell, Marcus Brunson, Jason Barton, Tony Berrian	2001	3:03.10
9.	Clifton McKenzie, Greg Moore, Gerald Burl, Tony Darden	1978	+ 3:03.23
10.	Mike Barrick, Henry Carr, Ron Freeman, Ulis Williams	1963	3:03.43

## HEPTATHLON

1.	Jacquelyn Johnson	2008	6,307 pnts
2.	Gea Johnson	1990	nw 6,135 pnts
3.	Tricia Melfy	1992	n 5,332 pnts
4.	Adra Hysong	1997	5,215 pnts
5.	Lennon Gardner	1990	n 5,050 pnts
6.	Christy Jozwiak	1982	4,757 pnts
7.	Jodi Smith	2000	4,545 pnts
8.	Elizabeth Arollo	2000	4,427 pnts
9.	Angela Piana	2007	nw 4,425 pnts
10.	Alana Waterford	2005	n 3,967 pnts

## Event #1 - 100m Hurdles

Jacquelyn Johnson	2008	13.21
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## Event #2 - High Jump

Jacquelyn Johnson	2008	1.81m
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## Event #3 - Shot Put

Gea Johnson	1990	14.18m
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## Event #4 - 200m Dash

Jacquelyn Johnson	2008	24.01
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## Day One Points Scored

Jacquelyn Johnson	2008	3,700 points
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## Event #5 - Long Jump

Jacquelyn Johnson	2008	6.30m
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## Event #6 - Javelin

Jacquelyn Johnson	2008	46.45m
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## Event #7 - 800m Run

Gea Johnson	1990	2:14.50
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## Day Two Points Scored

Jacquelyn Johnson	2008	2,607 points
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## DECATHLON

1.	Dannie Jackson	1981	an 7,861
2.	John Irvine	1981	hn 7,774
3.	Jeff Mont Pas	1980	hn 7,732
4.	Matt Zuber	1989	n 7,555
5.	Mike Cox	1982	an 7,544
6.	Joshua Kinnaman	2004	n 7,484
7.	Sammy Bryant	1986	a 7,455
8.	Joe Vier	1983	an 7,409
9.	Wes Herbst	1977	hn 7,016
10.	Jeff Kemp	1981	hn 6,955

## Event #1 - 100m Dash

Joshua Kinnaman	2004	10.78
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## Event #2 - Long Jump

Dannie Jackson	1979	7.99m
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## Event #3 - Shot Put

Mike Chapman	1975	14.91m
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## Event #4 - High Jump

Mike Cox	1982	2.13m
Dannie Jackson	1979	2.13m

## Event #5 - 400m Dash

Mike Cox	1982	48.00
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## Day One Points Scored

Dannie Jackson	1979	4,286 points
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## Event #6 - 110m Hurdles

Dannie Jackson	1979	w 14.00
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## Event #7 - Discus

Dannie Jackson	1981	46.16m
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## Event #8 - Pole Vault

Matt Zuber	1989	4.95m
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## Event #9 - Javelin (current standards)

Sammy Bryant	1986	64.64m
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## Event #10 - 1,500m Run

John Irvine	1982	4:24.43
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## Day Two Points Scored

Jeff Mont Pas	1980	3,758 points
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